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Improve Your Health and Fitness With Us!

STEP UP TO RECREATION!

Get active! Get Fit! That's our mantra at the San Antonio Parks and Recreation Department because we care about the health and well being of our customers. That's why we encourage you to use the SA Active Guide to find the activity that is just right for you so you can embrace a healthy lifestyle. Why? Because not only is it good for you, but it'll make you feel good! The benefits of regular physical activity

encompass less stress, fewer days missed at work or school, fewer medical problems, better sleep, reduced weight and the associated health risks. It's also a great way for families to spend time together and strengthen family bonds. The list goes on and on. So play some hoops, run the bases, hike the trails, frolic in the pool. Pick something that you enjoy because then you will be more likely to make it a habit. And that's our long term goal: to make San Antonio a leader of the pack when it comes to physical fitness. Join our team. Get active! Get fit! Step Up to Recreation!

Have questions about city services?

CALL US AT:

Call to inquire about or report:

- Pot holes
- Broken traffic signs
- •Illegal dumping
- Junk vehicles
- ·High weeds
- Stray animals

- Dead animals
- Recycling assistance
- Garbage collections
- Brush collection
- Other city concerns



No matter whether you prefer a basketball or a chess piece in your hand, there's something for everyone at the San Antonio Parks and Recreation Department community centers. Get active, get fit, exercise your mind and your body. You'll feel better, look better, and stay healthier. Check out the list of possibilities below. (Addresses and telephone numbers are on page 4.)



Dawson Community Center

Tuesday, 5:30–6:30 p.m. Ages: 6–14 Free Year round except during summer and holiday camp.

Basketball Adult Open Play

Lou Hamilton Community Center

Monday–Friday, 2–5 p.m. Ages: Adults Free

Basketball Adult Over 45 Open Play

Lou Hamilton Community Center

Monday, 7–9 p.m. Ages: Adults Free

Basketball League Adult

Copernicus Community Center

October–December 2009 Monday, 6–8 P.M. Ages: Adults Fee: \$365 per team plus an additional \$11 participation fee per roster player.

Basketball League 40 & Over

Copernicus Community Center

March–May 2009 Monday, 6–8 p.m. Ages: Adults Fee: \$365 per team plus an additional \$11 participation fee per roster player.

Bike Club

Garza Community Center

April-May Wednesday, 5:30-7:30 p.m. Ages: 13-16

Harlandale Community Center

August–October, Saturday, 1–2 p.m. Ages: 9-18 years old Free

Learn bike maintenance, how to make bike repairs, safety, and go bike riding on the MissionTrails.

Bike Rodeo

September 26, 2009 10 a.m.–2 p.m. Families from the surrounding community.

Boys Scouts

Yates Community Center

Monday, 7-8:30 p.m. Ages: 12-14 Boys Free

Denver Heights

Ages: 8-12 Please call for dates and details.

9th Annual Blue Santa Parade

Miller's Pond Community Center

December 12, 2009, 10–2 p.m. All Ages Free

Door prizes, cheerleaders, information booths, food booths and moonwalks.

A family event sponsored by the Southwest Communities in Action.

Ceramics For The Whole Family

Virginia Gill Community Center

August-May Saturday, 11 a.m.-1 p.m. Free

Bring your family and together learn the basics of ceramics from start to finish.

Ceramic Class

Yates Community Center

Monday, Wednesday, Friday, 9 a.m.–1 p.m. Free Supplies not included Instructional class for beginners.

Cuellar Community Center

Beginning Ceramic Class Every Saturday, 10 a.m.–12 noon All Ages Free Supplies not included Instructional class for beginners.

Christmas Posada

South San Community Center

December 16, 2009, 6–9 p.m. Free Come and be a part of a great

Hispanic tradition as we welcome the Christmas Posadas. This tradition celebrates the birth of Jesus Christ.

Cinco De Mayo

Father Roman Community Center

May 5 (Tuesday), 6–9 p.m. Free Come and enjoy some food,

games, and music celebrating part of the heritage. Cinco de Mayo is Mexico's National holiday commemorating the

Mexican army's defeat of French forces on May 5, 1862, in the Battle of Puebla.

Computer Tutoring

Melendrez Community Center

Monday, 5–7 p.m. Ages: 6–12

Free

Learn new ways to read and do

math.

Scholastic: Clifford Reading, Phonic & Learning Activities, I Spy Brain Building Tom Snyder: Fast Math & Math Adventures.

Cycling Club

Father Roman Community Center

March 4–May 20 Monday & Wednesday, 4:30–6:30 p.m. Ages: 10–Adults

Ages: 10-Adults
Free
If you are new t

If you are new to cycling, getting back in to cycling, or looking for a group to motivate you to ride on the weekends, or you simply want to get outside, get some exercise, and make new friends... you have come to the right place!

Dies Y Seis de Septiembre Celebration

South San Community Center

September 5, 2009 12 noon–3 p.m.

Free

Come and celebrate with us as we honor those who fought for Mexico's Independence from Spain. This event will include a talent show, art show, music, food and fun.

RECREATION

Elite Teen Club

Each Community Center has a special place where teen belong. Come join the EliteTeen Club at the Community Center nearest you to participate in field trips, tournaments, homework assistance, and assistance in finding a job and getting into college. A great place to make new friends and feel like you belong! For ages 13 – 18 years of age. Year Round.

Cuellar Community Center 3rd Tuesday of the month 7–8 p.m.

Copernicus Community Center Tuesday, 6–7 p.m.

Dawson Community Center Thursday, 6–7 p.m.

Denver Heights
Community Center

Wednesday, 6–9 p.m.

Dorie Miller Community Center Thursday, 7–9 p.m.

Father Roman Community Center

Tuesday & Thursday, 6-8 p.m.

Garza Community Center 2nd Wednesday of the month 6:30–7:30 p.m.

Gill Community Center 3rd Saturday of the month 11 a.m.–3 p.m.

Hamilton Community Center Thursday, 7–9 p.m.

Harlandale Community Center Tuesday, 5:30–7 p.m.

Meadowcliff Community Center

1st and 3rd Tuesday of the month 6–9 p.m.

Melendrez Community Center Thursday, 6–8 p.m.

Miller's Pond Community Center Monday, 7–8 p.m.

Ramirez Community Center Thursday, 6-7 p.m.

Southside Lions Community Center Monday & Wednesday 5–8 p.m.

FieldTrips forTeen Club

Saturday, 11 a.m.-5 p.m.

Tobin Community Center Thursday, 7–9 p.m.

Ward Community Center 1st Monday of the month 6–7:30 p.m.

Woodard Community Center Thursday, 7–9 p.m.

Yates Community Center 3rd Wednesday of the month 7–8 p.m.

2[№] Annual End of Year School Bash

Normoyle Community Center May 28, 2009, 6–8 p.m. All Ages Free Food, drinks, DJ, skate competition, 3 on 3 basketball tournaments.

Pre-Fiesta Festival

Garza Community Center

April 4, 2009, 10 a.m.–4 p.m. Culebra Neighborhood Association Free

Fiesta Family Party

Yates Community Center Wednesday, April. 22, 2009 6–8:30 p.m. Free

Family Fishing Derby

Miller's Pond Community Center

June 6, 2009 Fishing Derby from 7–11 a.m. Registration from 6–7 a.m. FREE

Age Categories: 6 to 12 yrs., 13 to 17 yrs., 18 & over Details: Three awards will be given in each category (longest single fish, most total inches of all fish caught, and most fish caught during derby). Fish will be recorded by whole inches during derby time frame for each participant. Bring the whole family, including grandparents, for a morning of fun and fishing. June 6 is a Texas free fishing day so no license will be required but bag limits will still be in effect.

Fitness

Garza Community Center Jazzercise Monday, 6–7 p.m.
Tuesday, Wednesday & Thursday,
9:30–10:30 a.m.
Wednesday, 6–7 p.m.
Saturday, 10:30,–11:30 a.m.
Ages: 18 and up; if younger must
be accompanied by an adult
Need to fill out paperwork with
Roni Stach.

Gardening

Denver Heights Community Center

All Ages Volunteers welcome two Saturdays out of the month.

Girls Scouts

Woodard Community Center

Tuesday, Thursday, & Friday, 5–6:30 p.m. Ages: 8 to 14 Free Year Round

Go! Girl! Go!

August–May Free

Ages: 12–18 year old girls
This program is designed for
girls to help develop strong selfesteem, positive body image,
personal responsibility and
increased levels of fitness. Go!
Girl! Go! also relates famous
women athletes stories of
growing up to provide examples
of how to avoid common pitfalls
many young women experience.
Sign up your daughter today and
watch her Go! Girl! Go!

Dawson Community Center Wednesday, 5–7 p.m.

Dorie Miller Community Center Wednesday, 6–8 p.m.

Garrett Community Center Wednesday, 7–8 p .m.

Harlandale Community Center Monday, 7–8 p.m.

Miller's Pond

1st Monday of the month, 6–7 p.m.

Normoyle Community Center 1st Saturday of the month, 1–2:30 p.m.

Palm Heights Community Center Monday, 6–7:30 p.m. San Juan Community Center 1st and 3rd Wednesday of the month, 6–7 p.m.

South San Community Center 1stThursday of the month, 5 p.m.

Woodard Community Center Wednesday, 6–8 p.m.

Green Thumb Gardeners

Harlandale Community Center

March–May Fridays, 4–6 p.m. Ages: 9–19 Free

Participants learn how to plant, water and tend a variety of plants in the center's garden.

Grey Fox Club

Dawson Community Center

January–May, September–December Monday–Friday, 2–6 p.m. Ages: 55 and up Free

Seniors 55 and up are invited to socialize and play cards, sew, play dominoes and hang out with other seniors at the center.

Halloween Carnival

Ramirez Community Center

October 29, 2009, 5:30–8:30 p.m. All Ages

Free

Boo! Come and join us for a Spooktacular evening of fun, games and food.

Ward Community Center

October 30, 2009, 3:30–6 p.m. Free

The event will include carnival type games, such as ball toss, ring toss, egg drop, basketball throw, golf, pin the nose on the pumpkin, and much more. We will provide candy as prizes and we will also provide food and drinks, such as nachos, Frito pie, and treats.



Halloween Party

Cuellar Community Center

October 30, 2009 3:30-7 p.m. All Ages

Free drinks, snacks, costume

contest.

Tobin Community Center

Halloween Haunted Candy Hunt October 31, 2009 11 a.m.-4 p.m. All Ages Free

Come take a stroll through the scariest haunted house in San Antonio if you dare!

South Side Lions Community Center

Haunted House & Party October 31, 2009 3-5 p.m. All Ages Free

Hapkido

Hamilton Community Center

Saturday, 12:30-2:30 p.m. Ages: Adults Fee: \$20 per month Instructor: Gregory Williams

High/Low Fitness

Cuellar Community Center

Tuesday & Thursday 5:45-7 p.m. Fee: \$15

Instructor: Juanita Rangel

Hip-Hop Dance Class

Copernicus Community Center

Tuesday & Wednesday 6:30-7:30 p.m. Ages: 8-Adults Fee: \$25 a month Instructor: Amanda Hall

JASI Group Basketball Training

Hamilton Community Center

Thursday, 6-7 p.m. Ages: 10-14 CO-ED Fee: \$25 per month Instructor: Winter Nurse

Kung Fu Class

Hamilton Community Center

Monday & Wednesday, 6:30-8 p.m. 6-Adults:

Fees: Under 18-\$45 Over 18-\$60 per month Instructor: Dawn Moczygem

South Side Lions Community Center

Tuesday & Thursday, 6:30-8 p.m.

Ages: 4-Adults Fee: \$60 a month Family Rate \$30 Instructor: Brian Halloran

Let's Go Fly A Kite

Father Roman Community Center

April 1-June 12

operating hours.

Ages: 5-18

Free Come and create your own personal kite. We'll give you the supplies you bring your imagination. Registration will take place at the center during regular

Wednesday & Friday, 4-5:30 p.m.

Virginia Gill Community Center

November 14, 2009, 12-5 p.m. One time Event Bring your Kites and Paint the Sky!

Harlandale Community Center

March-April Saturday, 2-4 p.m. Free All Ages

This program will teach the basics of kite making. Participants will be constructing different kites, decorating them, and then flying their creations.

Martial Arts

Dawson Community Center

Thursday, 6–7 p.m. Ages: 4-Adult Fee: \$30.00 a month Instructor: Michael Thomas This program encourages: confidence, physical fitness, positive self-esteem and self-discipline. Students are instructed in safety awareness, defense against possible kidnapping situations, release from any aggressor and being able to avoid threatening situations.

Mr. & Mrs. Santa Giveaway

Woodard Community Center

December 17 Free

The community comes together with local businesses to hand out toys and gifts to local youth while celebrating Christmas.

Narcotics Anonymous Meetings

Cuellar Community Center

Thursday, 5–7 p.m. Free

Father Roman Community Center

Tuesday, 6-8 p.m. Free

Palm Heights Community Center

Wednesday & Friday, 5:30 p.m.

National Night Out

October 6, 2009

5:30-8:30 p.m. National Night Out is an event held at all Community Centers geared to bring the surrounding community together and raise crime prevention awareness. This event is filled with activities, food and community spirit.

Neighborhood **Association Meetings**

Palm Heights Community Center

Every third Tuesday of the month 7 p.m.

South Side Lions Community Center

Neighborhood Meeting Every third Tuesday of the month 7-9 p.m.

Nutrition Program for Seniors

Palm Heights **Community Center**

September-June Monday-Friday, 9 a.m.-1 p.m. Join us for activities and a free lunch.

Pumpkin Carving

South Side Lions Community Center

Month of October Monday-Wednesday, 6-8 p.m. All ages

Rummage Sale

Ramirez Community Center

Saturday, 9 a.m.-3 p.m. November 14, 2009 Fee: \$15 per table

Ward Community Center

Saturday, 9 a.m.-3 p.m.



June 6, 2009

Fee: \$15 per table

Ward Community Center

Saturday, 9 a.m.-3 p.m. August 8, 2009 Fee: \$15 per table

Senior Adult Program

Virginia Gill Community Center Monday, Wednesday, Friday August-May

9 a.m.-12 noon

Monday

9 a.m.-10 a.m. Exercise program, alternating Step low impact exercises, Tai Chi, Therapeutic dancing.

9 a.m.-11 a.m. Ceramics

11 a.m.-12 noon. Hot, balanced, diabetic approved lunch served.

Wednesday

9 a.m.-10 a.m. Choice of Ceramics or Craft classes.

10 a.m.-11 a.m. Speakers on various subjects concerning and affecting senior citizens.

11 a.m.-12 noon Hot, balanced, diabetic, approved lunch served.

Friday

9 a.m.-11 a.m. Ceramics

11 a.m.-12 noon Hot balanced, diabetic approved lunch served.

Other activities include potluck meals, monthly field trips, and on-going special projects and programs, Call 675-2123 for more information.

Sewing

Dawson Community Center

Monday, 5–6 p.m. Ages: 6-18 Free Sewing crafts for kids. Children learn to sew cool things to give as gifts or for keepsakes. Besides

RECREATION

Community Center Summer Hours (June 15th - August 7th)

Monday-Thursday, 7:30 a.m.-8 p.m. Friday, 7:30 a.m.-6 p.m. Saturday, 10 a.m.-2 p.m.

Regular Hours

Monday-Thursday, 2-9 p.m. Friday, 2-7 p.m. Saturday, 9 a.m.-5 p.m.

being fun, sewing enhances creativity, hand/eye coordination and focus.

Soccer (Open Play Indoor/Adult)

Hamilton Community Center

Thursday, 7–9 p.m. Ages: 19 and older Free

Free Year round

Tae Bo/ Low Impact Exercise Class

Copernicus Community Center

Monday &Thursday, 6:30–7:30 p.m. Ages: Adults

Fee: \$15 a month or \$2 a class Instructor: Eunice Phinesee

Teen Billiard Night

Virginia Gill Community Center

August–May Wednesday, 7–9 p.m. Come hang out and have a little snack for a couple of hours every week.

Tumbling Classes

Copernicus Community Center

Monday & Friday, 6–7 p.m. Ages: 6–17 Fee: \$30

Venturing

Yates Community Center

Tuesday, 7–8 p.m. Ages: 15-18 Boys and girls Free

Volleyball-Adult

Copernicus Community Center

October-December

Wednesday, 6–8 p.m.

Ages: Adults 20 and over, CO-ED

Cuellar Community Center August–December Wednesdays, 7:30–9 p.m. Ages 18 and up

Dawson Community Center

April–June, September–October Wednesday, 6–9 p.m. Ages: 20 and over, CO-ED Volleyball Fee: \$175 per team. 6 teams, 2 out 3 games a night; come out and play.

Garza Community Center

Open Volleyball Wednesday April-May, 6:30–9 p.m. June-August, 6–8 p.m. September-December 6:30–9 p.m. Ages: Adult CO-ED

Free Registration required

Melendrez Community Center

October–December Prime Time Wednesday Night Series, 6, 7 & 8 p.m. Games Best of 3 matches Ages: CO-ED 20 & Older Fee: \$175

Normoyle Community Center

Tuesday, 6–9 p.m. Ages: 16 and up Free April–December

Ramirez Community Center

Monday & Wednesday, 6–9 p.m. Ages: 18 and over Free April–December

Parks and Recreation Year-Round Community Centers

Bode	900 Rigsby	532-1212
Copernicus	5003 Lord Road	648-1072
Cuellar	5626 San Fernando	436-0908
Dawson	2500 E. Commerce	227-1627
Denver Heights	300 Porter	533-5242
Dorie Miller	2802 M.L. King	333-4650
Fairchild	1214 E. Crockett	226-6912
Father Roman	11030 Ruidosa	627-2138
Garrett	1226 N.W. 18th	732-5042
Garza	5627 Mira Vista	435-6806
Gill	7902 Westshire	675-2123
Hamilton	10700 Nacogdoches	654-7749
Harlandale	7227 Briar Place	924-8021
Lincoln	2915 E. Commerce	271-7741
Meadowcliff	1260 Pinn Road	674-0820
Melendrez	5909 W. Commerce	434-0277
Miller's Pond	6075 Old Pearsall Road	623-2900
Normoyle	700 Culberson	924-0770
Palm Heights	1201 W. Malone	922-1034
Ramirez	1011 Gillette	921-0681
San Juan	2307 Calaveras	225-5410
South San	2031 Quintana	927-1640
South Side Lions	3100 Hiawatha	532-1502
Tobin	1900 W. Martin	225-0941
Ward	435 E. Sunshine	732-2481
Woodard	1011 Locke Road	225-5445
Yates	568 Rasa	673-1152

Walking Club

Year Round

Harlandale Community Center

Saturday, 10–11 a.m. All Ages Free Walking on ¼ mile track, join other walkers for fitness and fun.

Melendrez Community Center

Year Round Tuesday–Thursday, 6:30 p.m. All Ages

Meet other walkers, walking with partners, share tips on: walking techniques, shoes and gear. Wear your pedometer and meet your goals. Participate in organized walking events, 5 K's and other special activities.

Registration required.

Washers

Harlandale Community Center

April–May
Wednesday, 4–6 p.m.
All Ages
Free

Learn the fundamentals of the popular outdoor game Washers. Participants will be taught the rules of the game, how to set up a playing area, and will play in tournaments.

WNBA Reading and Learning Center

San Juan Community Center

Monday–Friday Elementary Students 3:30–6 p.m. Teens/Adults 6–9 p.m. Free

Students who are in need of homework help, project help or the assistance of the World Wide Web are welcome to come. There will be a 1 hour limit depending on computer availability.



ENRIQUE BARRERA COMMUNITY CENTER YOUR ONE STOP FITNESS CENTER!

If you're looking for the best fitness deal in town you need look no farther than the new Enrique M. Barrera Community Center. It features a 4,800 square foot multi-purpose room, a 1,700 square foot aerobic room and a 1,700 square foot fitness center featuring exercise equipment and a wellness library. Equipment offered in the fitness center includes four treadmills, three elliptical machines, two multi-station workout areas, one recumbent bike, an adaptive motion trainer, a functional training system glide machine, a smith machine, a weightlifting bench and dumbbells ranging from five to 100 pounds. Come take a tour and sign up to Get Active and Get Fit today.

Cardio Fitness

Combo Kickboxing and Aerobics

Come and enjoy the perfect blend of Kickboxing's intense fun, using a variety of kicks and punches from martial arts and boxing to bring you an incredible cardio workout & a Hi-Low aerobics class designed to build a strong and healthy cardiovascular system. Monday and Wednesday from 8–9 a.m. and 7–8 p.m. Cost: \$30 per month.

Step Aerobics

An awesome cardiovascular workout using step choreography and dance. Tuesday and Thursday from 9:30–10:30 a.m. \$30 per month.

Dance Cardio Fitness

Afro Brazilian Dance

Sweat away the pounds to South American tunes while getting a total body workout that strengthens and tones your arms, abs, chest, back, hips and legs. Thursday from 12–1 p.m. \$30 per 8 week session.

Belly Dance

A total body and mind workout that strengthens and tones your abs, back, hips, and legs. Thursday from 11 a.m.–12 p.m. \$30 per 8 week session.

Hip Hop Dance

This class is designed to teach dance while providing a great workout. Features the latest and greatest Hip Hop and R&B hit songs. Monday &Thursday from 6–7 p.m. \$7 per class. \$30 for 5 classes or \$50 for 10 classes.

Jazzercise

Fusion of dance and muscle toning movements choreographed to today's hottest music. Monday & Friday from 9:30–10:30 a.m. Tuesday & Thursday from 7–8 p.m. Cost: Easy Fitness Ticket \$35 per month, \$88 for every 2 months and \$10 for a one day pass.

Jazzercise Body Sculpting

Sculpted arms, a strong core, tight glutes, and firm legs are the focus of this challenging 40-minute muscle toning workout that features a creative combination of strength training movements and stretching. Tuesday & Thursday from 6:30–7:10 a.m. Cost: Easy Fitness Ticket \$35 per month, \$88 for every 2 months and \$10 for a one day pass.

Jazzercise Express

Pressed for time we have a 30-minute workout featuring a streamlined fusion of strength and cardio conditioning. Tuesday & Friday from 11:50 a.m.–12:20 p.m. Cost: Easy Fitness Ticket \$35 per month, \$88 for every 2 months and \$10 for a one day pass.

Salsa Cardio

Designed to teach dance while providing a great workout for all ages. Friday from 5–6 p.m. For adults & seniors \$5 per class or \$20 for 5 classes. For kids \$3 per class or \$12 for 5 classes.

Zumba

Fuses hypnotic Latin rhythms and tantalizing moves to create a dynamic workout system designed to be FUN and EASYTO DO. Tuesday & Friday from 6–7 p.m. \$5 per class or \$20 for 5 classes.

Zumba Gold

This class is half the tempo of the regular Zumba class for those who feel Zumba is too fast pace. Saturday from 10–11 a.m. \$5 per class or \$20 for 5 classes.

Zumba Kids

Fuses hypnotic Latin rhythms and tantalizing moves to create a dynamic workout system designed to be FUN and EASYTO DO designed for kids. Saturday from 11 a.m.–12 p.m. \$3 per class or \$12 for 5 classes.

Pre-School Fitness

Smart Start Sports Program

A high energy fitness and sports fundamental class that includes activities such as ball skills, running, and childhood games. It emphasizes self-esteem and team work in a non-compet-

itive environment for children 2-4 years old. Call for the schedule. FREE with parent membership. **5800 Old Hwy 90 West** (210) 207-3221

Hour

Monday–Thursday, 6 a.m.–8 p.m. Friday, 6 a.m.–7 p.m. Saturday, 8 a.m.–3 p.m.

Annual Cardio/Weight Room Membership Fees: \$12 12 years – 17 years \$25 Adults 18 years + \$15 Seniors 55 years +

Martial Arts Fitness

Kenpo Karate

The goal for each student in this class is to form new friendships, improve self-esteem, self confidence, self-discipline, eye hand coordination, balance and flexibility. Monday and Wednesday from 6–7 p.m. \$35 per month.

Kung Fu

Often described as "meditation in motion" because it promotes serenity through gentle movements- connecting the mind and body. For youth 17 and under. Tuesday & Thursday from 5–6 p.m. \$45 per month.

Tai Ch

Helps to build confidence, knowledge, honesty and strength while creating harmony with the mind. Wednesday from 7–8 a.m. \$5 per class.

Teen Fitness

Teen Circuit Training

Interval training, for teens 12 to 17, in which strength exercises are combined with endurance/aerobic exercises, to provide both a cardiovascular and strength training workout. The stations will target: total body, upper-body, lower body, and core. Girls Only. Saturday from 11 a.m.–12:00 p.m. Boys Only, Saturday, from 12–1 p.m. CO-ED, Saturday, from 1–2 p.m. FREE with your Fitness Center membership.

Senior Fitness

A Matter of Balance

This class is designed to help people with chronic disease. You will learn and practice proper nutrition, stress management and relaxation techniques, exercises, improving communication skills and much more. Call for the schedule. FREE.

My Health Matters

A program developed to help the older generation introduce physical exercises into their everyday routines and overcome their fear of falling. Call for the schedule. FREE.

Strenth, Flexibility and Peace of Mind Fitness

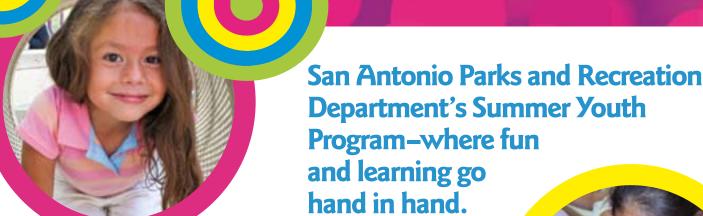
Yoga

It's really about creating balance in the body through developing both strength and flexibility. Tuesday & Wednesday from 3–4 p.m. \$5 per class or \$35 per month.

Pilates

Helps improve your strength, flexibility and posture through movements which involve deep breathing exercises. Monday, Tuesday, Wednesday & Thursday from 4:45–5:45pm. \$5 per class or \$35 per month.

SUMMER YOUTH PROGRAM



The Parks & Recreation Department offers more than 85 Summer Recreation Program sites each summer, including community centers and school sites.

The eight-week, structured, supervised program features recreation themed activities, active games, sports and more. A weekly enrichment program will also instruct participants with advanced art projects and science experiments along with a newly added fitness and wellness component. Each participant will be provided a free lunch and snack. The program utilizes the gymnasium and outdoor enclosed areas, depending on the site. It follows self-monitored guidelines, which will limit the number of participants per site. The Summer Youth Program maintains a 1:25 staff to participant ratio. Participants are grouped according to age and staff conduct age-appropriate recreation activities.

Community center sites accept children ages six to 14, while the school sites can accommodate children ages six to 12. School sites will be available on the Parks and Recreation Department web site, www.sanantonio.gov/parksandrec as they are confirmed.

Dates: Monday-Friday; June 15-Aug. 7

Time: 7:30 a.m.-5:30 p.m.

Fee: Summer Participant fees are based on a sliding scale according to income and family size. See Summer Participant Fee Chart file on next page. If you presume your family will qualify for a reduced fee, an Income Verification Form must be completed prior to the SummerYouth Program mass registration in May.

No child will be turned away because of an inability to pay.

Beginning January 12, 2009, interested families are able to complete the Income Verification process at any community center or the Ron Darner Parks and Recreation Operations Headquarters, 5800 Old Highway 90 West.

Hours: 8:30 a.m.-4:00 p.m., Monday-Friday

Requirements for Income Verification: (all that applies)

- · Parent/Guardian must be present
- Federal Income Tax Return with attachments
- Social Security Income Documents
- TANF Documents
- Foster Care Stipend Letter and Federal Income Tax Return with attachments

Requirements for Family Size Verification: (all that applies)

- Original Birth Certificates/Adoption documents for ALL children in the family
- Original & Copy of Guardianship/Power of Attorney Documents (notarized)
- Marriage Certificate (to determine lineage of child)
- Court Orders
- Foster Care Documents



For information on Summer Youth Registration:

Check the web site at www.sanantonio.

Requirements for registration are the following:

- Parent/Guardian must be present
- · Original Birth Certificate of participant
- Original & Copy of Guardianship/Power of Attorney Documents (notarized)
- If applicable, the approved Income Verification Form. This form must be completed prior to the Summer Youth Program mass registration.
- Cash or Money Order; made payable to: City of San Antonio





SAN ANTONIO PARKS AND RECREATION

2009 JUMMER YOUTH PROGRAM FEE CHART

June 15-August 7, 2009

	OGRAM FEE Vel 1	SUMMER YOUTH PROGRAM FEE		
Family Size	Annual Income	1 Child	2 Children	3 or More Children
2	\$29,141 or More			
3	\$36,621 or More			
4	\$44,101 or More	\$250	\$400	\$550
5	\$51,581 or More	\$250	\$400	\$330
6	\$59,061 or More			
7	\$66,541 or More			
8	\$74,021 or More			
For each additional person, add	\$3,740			

	PROGRAM FEE VEL 2	SUMMER YOUTH PROGRAM FEE		SUMMER YOUTH PROGRAM	
Family Size	Annual Income	1 Child	2 Children	3 or More Children	
2	\$29,140 or Less				
3	\$36,620 or Less	\$20	\$30	\$40	
4	\$44,100 or Less				
5	\$51,580 or Less				
6	\$59,060 or Less				
7	\$66,540 or Less				
8	\$74,020 or Less				
For each additional person, add	\$3,740				

NO ADDITIONAL FEE FOR MORETHANTHREE (3) CHILDREN

Source: Federal Register {January 23, 2009 (Volume 74, Number 14)}, {Pages 4199-4201}

NO ADDITIONAL FEE FOR MORE THAN THREE (3) CHILDREN

Should you wish to qualify for Level 2–Reduced Program Fees one of the following documents is required for the Income Verification Process:

- 2007 Federal IncomeTax Return & W-2 Forms (After April 15, 2009, the 2008 Federal IncomeTax Return is required)
- 2008-2009 School Free or Reduced Lunch Qualification Form
- TANF, Food Stamps, SSI, Medicaid, and/or CHIP Award Documents
- Any other Public/Government Benefit Award Documents
- Notarized Employment Verification Document

NO CHILD WILL BE TURNED AWAY DUE TO INABILITY TO PAY Should you need assistance, please call 207-3000 for more information

www.sanantonio.gov/parksandrec



TEEN CONNECTION

The Parks & Recreation Department teams up with local school districts to provide a safe, supervised, free open-gym program for teenagers from 1:30 to 5:30 p.m. at approximately four sites throughout the City. The recreation-themed curriculum

includes active games and sports. Teen Connection utilizes the school's gymnasium and outdoor enclosed areas. 2009 sites to be announced. Check the Parks and Recreation Department web site at www.sanantonio.gov/parksandrec.





The Parks and Recreation Department will operate a Summer Nutrition Program at more than 75 sites this summer.

Food will be served at Summer Youth Program sites as well as outside agencies from June 15 to Aug. 7. High quality meals similar to those served during the school year by the National School Lunch and Breakfast Programs are offered free for youngsters ages 18 and under at the pre-approved sites. Meals are usually served around 11:30 a.m. and snacks at 3 p.m. Children do not have to be registered at the site in order to participate in the Nutrition Program. Call 207-3000 or visit www.sanantonio.gov/parksandrec for the site in your neighborhood.

Legal Notice: The City of San Antonio announces the sponsorship of the Summer Food Service Program. Meals will be provided at the site(s) listed at www.sanantonio.gov/parksandrec. In accordance with federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington D.C. 20250-9410 or call (202) 260-1026, (866) 632-9992 (toll-free) or (202) 401-0216 (TDD). USDA is an equal opportunity provider and employer.

SKATEBOARDING CAMP SK8

Hamilton Community Center

10700 Nacogdoches Monday-Friday, 8 a.m.-5 p.m. Session I June 22-26, 2009 Session II July 13-17, 2009 Ages: 10-16

Ages: 10-16 Fee: \$175

Registration is on-going at Hamilton

Community Center

Join the Parks and Recreation
Department team for an action-packed
week of skateboarding, fun games, and
good times with new friends. Each day
campers will participate in a variety
of activities including instructional
skateboarding sessions, group games,
swimming, field trips to various skate
parks in the area and much more!







Play Smart After School Care

13 year-round community centers 207-3000

Monday-Friday, 3-6 p.m.

Bode Community Center
Copernicus Community Center
Cuellar Community Center
Dorie Miller Community Center
Father Roman Community Center
Garza Community Center
Gill Community Center
Lou Hamilton Community Center
Meadowcliff Community Center
Melendrez Community Center
Palm Heights Community Center
Ward Community Center
Yates Community Center

901 Rigsby Ave.	532-1212
5003 Lord Rd.	648-1072
5626 San Fernando	436-0908
2802 M.L. King Dr.	333-4650
11030 Ruidosa	627-2138
1450 Mira Vista	435-6806
7902 Westshire	675-2123
10700 Nacogdoches Rd.	654-7749
1260 Pinn Rd.	674-0820
5919 W. Commerce	434-0277
1201 W. Malone	922-1034
435 E. Sunshine Dr.	732-2481
568 Rasa	673-1152



2009 PLAY SMART AFTER SCHOOL PROGRAM FEES

SAN ANTONIO PARKS AND RECREATION DEPARTMENT

Yearly fee is divided Into 10 monthly payments. June is free for those who participate in May!

FULL PROGRAM

Total Monthly Fee (1 Child)	25
Total Monthly Fee (2 Children)	40
Total Monthly Fee (3 or More Children)	55
Yearly Fee (1 Child-10 months)\$	250
Yearly Fee (2 Children-10 months)\$	400
Yearly Fee (3 or More Children-10 Months)\$	550

REDUCED PROGRAM FEE-LEVEL 2

Total Monthly Fee (1 Child)	\$2
Total Monthly Fee (2 Children)	\$3
Total Monthly Fee (3 or More Children)	\$4
Yearly Fee (1 Child-10 months)	\$20
Yearly Fee (2 Children-10 months)	\$30
Yearly Fee (3 or More Children-10 months)	\$40

Families whose income is over the levels listed below or who do not wish to disclose their income or cannot produce documents to complete the Income Verification Form must pay the full program Fee.

Annual Income Requirements*:

Family Size

(1) <= (2) <= \$29,141

(3) <=\$36,621 (4) <=\$44,101

(5) <=\$51,581 (6) <=\$59,061

(7) <=\$66,541 (8) <=\$74,021

* For each Additional person add \$3,740

Annual Income Requirements*:

Family Size

(1) <= (2) <= \$29,140

(3) <=\$36,620 (4) <=\$44,100

(5) <=\$51,580 (6) <=\$59,060

(7) <=\$66,540 (8) <=\$74,020

*For each Additional person add \$3,740

NO ADDITIONAL FEE FOR MORE THAN THREE (3) CHILDREN

THERAPEUTIC RECREATION & ADAPTED SPORTS AND ATHLETICS PROGRAM



Adapted Sports/ Summer Day Camps/Special Events/Special Olympics 207-3048 or 207-3018

The Parks and Recreation Department's Therapeutic Recreation Program provides recreational programs and adapted sports activities for both youth and adults with all types of physical and intellectual challenges. Offerings such as summer day camps, parades and dances, give participants the opportunity for social interaction and recreational fun.

The Adapted Sports and Athletics Program (ASAP) focuses on individuals with physical challenges. This is a community-based wheelchair and adapted sports program offering clinics, classes and recreational experiences in the following: wheelchair basketball, golf, wheelchair tennis, wheelchair rugby, power soccer, hand cycling, adapted cycling, sailing, wheelchair softball, wheelchair football and sled hockey. Call for a schedule of classes, clinics and tournaments.

The program has joined with the Area 20 Office for Special Olympics Texas to offer Special Olympics events in tennis, basketball and softball as well as Resource Fairs.

Meeting the Challenge - Every Day, in New Ways

Here's a rundown of the programs and events:

Summer Day Camps

These weekly camps are for children ages six to 18 with a physical challenge or a developmental/intellectual challenge. Each week of day camp is four days long (Monday –Thursday) and there are eight different weeks to choose from. Each theme week will offer a variety of activities as well as fieldtrips and daily swimming. Day Camps are set-up as group activities with a staff to participant ratio of 1 to 8; registrants must be able to function in a group setting and be independent with their self-care. Pre-registration with payment is required per week.

Monday-Thursday

\$10 per week, 7:30 a.m.–5:30 p.m. **Location**: Woodlawn Lake Park, Gym & Pool

1103 Cincinnati

Session #1: June 15th-18th, 2009 Session #2: June 22nd-25th, 2009 Session #3: June 29th-July 2nd, 2009 Session #4: July 6th-9th, 2009 Session #5: July 13th-16th, 2009 Session #6: July 20th-23rd, 2009 Session #7: July 27th-30th, 2009 Session #8: August 3rd-6th, 2009

Special events for people with challenges and their families abound on the 2009 calendar:

Thursday, April 9 Hawaiian Luau Dance

6–8:30 p.m.

Free

Concessions available
Lincoln Community Center
2915 E. Commerce St.
Participants under 18 or requir

Participants under 18 or requiring supervision must attend with a chaperone.

Saturday, May 16 One Up/One Down "Run/Roll" Tennis Tournament

McFarlin Tennis Center 1503 San Pedro Ave. Must register for event 9 a.m.–2 p.m. \$15.00 fee

Doubles Team of one able-bodied and one individual who is a wheelchair user will team up to play in matches. This event is done in collaboration with the United States Tennis Association – Texas Section.

Saturday, July 25 One Up/One Down "Run/Roll" Tennis Challenge

McFarlinTennis Center 1503 San Pedro Ave.

9 a.m.-2 p.m.

This event is part of the Games of Texas. Doubles Team of one able-bodied, and one individual who is a wheelchair user or a Special Olympics Texas athlete, will team up to play in matches. Registration is required and will be accepted through the San Antonio Sports Foundation, \$15 fee. Call for more information.

Saturday, Aug. 15 Bowling Day at AMF Country Lanes

13307 U.S. Highway 281 North

10 a.m.-12:30 p.m.

Bowling Day is free to the first 50 individuals with a disability who sign-up; call to reserve your spot. Family and friends may attend for a small fee.

Friday, Sept. 11 9-11 Remembrance & Parade with BBQ

10 a.m.-1 p.m.

Admission is free

Hot dogs & chips served or bring a lunch. Woodlawn Lake Pavilion & Island House 1103 Cincinnati

Participants under 18 or requiring supervision must attend with a chaperone; call to RSVP.

Saturday, Sept. 26 2nd Annual San Antonio Disabled Community Members Festival

9 a.m.–2 p.m. Free O.P. Schnabel Park 9600 Bandera Road

(Intersection: Bandera & Braun Rds.)

Saturday, Oct. 17 White Cane Day Fun Run & Walk

Comanche Lookout Park 16000 Nacogdoches Road







5K Fun Run and 2-mile walk which is a collaboration between the Low Vision Resource Center & the Parks & Recreation Department's TR Program. Registration required for the run (\$20) and the walk (\$10); On-site \$25. Proceeds will benefit the LVRC.

Thursday, Oct. 29 Halloween Dance

6–8:30 p.m.

Free

Concession stand available Lincoln Community Center 2915 E. Commerce St. Participants under 18 or requiring supervision must attend with a chaperone.

Saturday, Nov. 7 & Sunday, Nov. 8 Wheelchair Basketball Tournament

Spectators Welcome
Free & open to the public
Call for Game Schedule
Lincoln Community Center &
Copernicus Community Center
This event is done in collaboration with
ParaSports, Inc.

Saturday, Dec. 5 WINTER BALL Dinner & Dance

5-8 p.m.

Free, bring a dessert
Must RSVP to 653-1800
Lincoln Community Center
2915 E. Commerce St.
This event is done in collaboration with
Spina Bifida Texas and is for individuals with
physical challenges and their guests (please
try to limit to two guests).

Adapted Sports Clinics and Events:

Wheelchair Softball

Mondays April 6 – June 29 & August 24 – October 26 \$10 fee 5–7 p.m. Mays Family Field of Dreams 2029 Callaghan

Wheelchair Football

Mondays Nov. 2 – Dec. 21 \$10 fee 5–7 p.m. Mays Family Field of Dreams 2029 Callaghan

Recreational Wheelchair Basketball

Every Tuesday year-round \$10 annual fee 7–10 p.m. 6:30 p.m. arrive, prep & warm-up Lincoln Community Center 2915 E. Commerce St.

Adapted Cycling & Handcycling

Wednesdays
May 6 – July 29
\$10 fee

Call for more information & location; individualized scheduling also available.

Wheelchair Rugby Wednesdays and Saturdays

Sept. 2 – April 2010 \$10 fee 7–10 p.m. Arrive at 6:30 p.m. for prep and warm-up. Lincoln Community Center 2915 E. Commerce

Al & Christina Trevino Adapted Golf Program – Golf Sessions

Thursdays
March 5 – June 11 & Sept. 3 – Nov. 5.
\$10 fee
5–7:30 p.m.
San Pedro Driving Range & Par-3 Golf Course
6102 San Pedro Ave.
This is a collaboration between the TR
Adapted Sports Program & The MGA of SA.

Wheelchair Tennis

Thursdays
March 5 – May 21 & Sept. 3 – Nov. 19
\$10 fee
6:30 – 8:30 p.m.
Class session begins with staff; p.m.
warm-up on your own.
McFarlin Tennis Center
1503 San Pedro Ave.

Advanced Wheelchair Basketball

Sept. 3 – Feb. 25, 2010 \$10 fee 7–10 p.m. 6:30 p.m. arrive, prep & warm-up Lincoln Community Center 2915 E. Commerce St.

Adapted Sailing

Saturdays May 2, June 27 & September 19 \$10 fee

Pre-registration with payment is required to reserve your spot. Yachts provided by individual members of the Lake Canyon Yacht Club who volunteer themselves & their vessels for this outing. Join us for a wonderful & calming ride on these beautiful yachts!

Power Soccer

Saturdays Sept. 12 – Oct. 31 \$10 fee 10–11:30 a.m. Lincoln Community Center 2915 E. Commerce.

Sled Hockey in Summer 2009 Check back for exact dates & time or call for more information

The Ice & Golf Center at Northwoods 17530 Henderson Pass (Near intersection of 281 North & Loop 1604. Center is inside Loop 1604).

This is a collaborative effort with The Ice & Golf Center at Northwoods, which generously donate the ice time in order for this program to be offered.

Fitness & Exercise Workout Program

Tuesdays–Saturdays
Year-Round
Free
2–6:30 p.m. or by individual appointment
Lincoln Community Center
2915 E. Commerce St.
A workout room with fitness equipment &
free weights for ages 14 & up is available.
Registration is required.

Miracle League of San Antonio, Inc.

Adapted softball for children with special needs. For information visit: www.miracleleagueofsanantonio.com







Commander's House

645 S. Main at Durango Street 224-1684

Monday-Friday, 7:45 a.m.-4:30 p.m. \$5 annual fee

Commander's House provides a wide array of programming for people 50 years of age or more. From games to field trips (Seniors on the Road) to specialty workshops, active seniors can choose from many great activities.

Kick up your heels and improve your health by participating in the Walk along the River. Participants walk through the King William Area and Arneson River Theater lagoon from 8:30 to 9:30 a.m. Tuesday and Friday (weather permitting). Individuals of all fitness levels are encouraged to participate.

The Commander's House's delicious and nutritious home cooked meals are another great reason to visit on a regular basis. Meals are served Tuesdays, Wednesdays and Thursdays at noon. Thanks to a generous partnership with H-E-B, the cost of the meal is only \$3. Make your reservation today. Meals are often followed by informative and entertaining programs.

Groups of all types meet regularly at Commander's House to enjoy activities such as bridge, bunco, book club and others. Classes are offered in quilting, knitting, crochet, painting, guitar and percussion.

If you would rather listen to a great story, check out Stories Galore, a wonderful story hour held from 5 to 7 p.m. every third Sunday of the month. It is free and open to story lovers of all ages. Refreshments are provided.

Whatever your interests may be, you're sure to find something to do at Commander's House and lots of people with whom you can share those interests.

Granados Adult and Senior Center 500 Freiling 731-9654

Monday and Wednesday, 8 a.m.-7 p.m. Tuesday and Thursday, 8 a.m.-8 p.m. Friday, 8 a.m.-6 p.m.

\$5 annual fee

Virginia Marie Granados Adult and Senior Center, the Parks and Recreation Department's newest facility, is now open. Adults and seniors are invited to stop by and take advantage of recreational, educational and social programs offered in a house donated by the Granados family and newly renovated by the department.

With a focus on promoting healthy lifestyles, both physically and mentally, a variety of classes are offered to achieve your personal goals. Programs range from fitness to arts and crafts to card games. Classes include: stretch and tone exercise, total body toning, walking club, line dancing, stitch and chat, painting, scrap booking, jewelry making, book club, fall prevention, music, dance exercise, and cards and table games. A fitness room with a variety of cardio and strength training equipment is available to use on your own during the center's regular hours.

To stay abreast of the latest information, various professionals are invited to speak during the monthly speaker's forum. This is your opportunity to ask questions on a variety of topics, including financial, legal and health issues. Also, the center celebrates the holidays with parties and hosts other special events throughout the year.

Lion's Field Adult and Senior Center

2809 Broadway 826-9041

Monday-Wednesday, 7:30 a.m.-9 p.m. Thursday, 7:30 a.m.-10 p.m.

Friday, 7:30 a.m.-7 p.m.

\$5 annual fee

Lion's Field Adult and Senior Center offers a myriad of activities and events for people ages 18 and older. Check out classes in arts and crafts, ceramics, jewelry making, line dancing, painting, printmaking, black and white photography, and sculpture. Other activities include table games such as bridge, Mah-Jongg, dominoes, chess and Scrabble. Get active and get fit in the fitness room, which features a life cycle, treadmill, and universal weight machine. The center also offers a daily CO-ED exercise class, which features a light aerobic workout routine; a horseshoe pit, walking path, and convenient access to hiking and biking trails in Brackenridge Park.

The center has a strong focus on health with informational presentations on a variety of health-related topics and health fairs scheduled throughout the year. "A Matter of Balance," a falls prevention program that helps seniors deal with fears about falling and with their balance, is offered periodically as well as an Arthritis Foundation exercise class.

For musical entertainment, join us for the monthly Ukulele Jam, which occurs the last Thursday of each month and the Urban Campfire Acoustic Concert series held monthly from September through May. Or, if you would rather make music, consider our percussion or keyboard classes.

For drivers needing a refresher course, there's the Defensive Driving Classes sponsored by AARP every other

ARP every other month consisting of two four-hour sessions conducted on two consecutive days.

PARKS & RECREATION RENTAL INFORMATION

The City of San Antonio offers a wide variety of parks, picnic pavilions, community centers, mass facilities and community facilities citywide. Fees are charged to rent some picnic pavilions and for all special events held in parks, mass facilities and community facilities.

Reservation Procedures:

To make a reservation call 207-PARK (7275) or visit a Community Link Service Center.

Hours: Monday–Friday, 8 a.m.–6 p.m., Saturdays, 10 a.m.–6 p.m.

City Base Community Link Service Center

Location: 3154 S.E. Military Drive, Suite 102

Phone: (210) 207-6570

Las Palmas Community Link Service Center

Location: 803 Castroville Road, Suite 132

Phone: (210) 207-6545

Valley View Community Link Service Center

Location: Valley View Shopping Center 8523 Blanco Road at West Avenue

Phone: (210) 207-6150

Oak Ridge Community Link Service Center

Location: Oak Ridge Plaza Shopping Center

11220 Perrin Beitel, Suite 112 Phone: (210) 207-5165

South Park Mall Community Link Service Center

Location: South Park Mall

2310 S.W. Military Drive, next to JC Penney

Extended Hours:

Monday–Friday, 10 a.m.–7 p.m. Saturday, 10 a.m.–6 p.m. Phone: (210) 207-6141

Special Events

Special events such as concerts, runs, walks and festivals must be booked through Cheryl Kindervater by calling (210) 207-3053.

Clean-Up/Damage Deposits:

In addition to the permit fee, community center rentals, mass picnic facility rentals and park rentals for special events are subject to a clean-up/damage deposit. For community centers, that deposit is \$100. The deposit varies for the other two categories and is based on the number of people expected to attend the event.

The clean-up/damage deposit will be refunded if the site is left clean, in good order and with no damage or theft of city property.

Security

For security, please contact the Park Police at 207-2166. Permit holders are responsible for hiring a certified law enforcement officer for the protection of the facility and its occupants, if any of the following applies:

Groups of 75 or greater, DJ, Live Music, Rally or Alcoholic Beverages are present.

The following scale determines the number of officers needed:

1 officer for groups of 75 - 100

2 officers for groups of 101 - 200

3 officers for groups of 201 - 300

4 officers for groups of 301 - 400

5 officers for groups of 401 - 500

No one will be allowed to enter once you have reached the maximum number of people based on the number of officers provided.

Picnic Pavilion Fees (most facilities)

Weekend Rates

\$80 to \$100 first four hours \$25 each additional hour

Weekday Rates

\$40 to \$60 first four hours \$25 each additional hour

Community Facility Fees

\$125 first four hours \$25 each additional hour

Community Center Fees

Gym rental \$25 per hour Special event rental (no admission) \$25 per hour Special event rental (admission charged) \$75 per hour



ADULT & YOUTH SPORTS

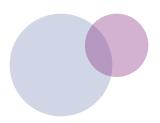


Adult Basketball Leagues 207-3109

Kick up your game and your health by joining our adult basketball league. Leagues include Men's and Women's divisions of play. Men's Major (competitive); Men's 6-ft and under; Men's industrial (all company teams); Men's Minor (recreational); Men's 35 & over; Women's competitive. Games will be conducted at Jesse James Leija/San Fernando Gymnasium (319 Travis St.) and Woodlawn Gymnasium (3101 Cincinnati). Times are Monday, Tuesday, and Thursday from 7 to 10 p.m. and Sunday from 1 to 5 p.m.The cost is \$365 per team plus an additional \$11 participation fee per roster player.

Summer registration begins April 14, 2009 Fall registration begins October 6, 2009 Summer 2010 registration begins April 13, 2010





Boxing 207-3109 or 207-3127

If you're between the ages of 8 and 35 years old, seriously interested in boxing and willing to train hard, the Parks and Recreation Department's Boxing program might be right for you. This is not an exercise program. Coaches are available to assist you with your training regimen. The program is held year-round at the Jesse James Leija/ San Fernando Gymnasium, 319 Travis St., which is a fully equipped boxing facility.

The program is available from 4 to 8 p.m. Monday through Friday. The cost is \$35.



Kickball **207-3114**

Join the Parks and Recreation Department's Adult Kickball League. We encourage all work groups, friends and families to get involved in this fun and recreational CO-ED sport. All games are played on Sunday afternoons at the Koger Stokes Softball Complex located within the historic San Pedro Springs Park, 1315 San Pedro Ave.

Summer registration begins April 14, 2009 Fall registration begins July 14, 2009 Spring 2010 registration begins January 12, 2010

The cost is \$175 per team plus an additional \$11 participation fee per roster player.

Adult Softball Leagues 207-3109 or 207-3127

Sprinting to first base, sliding into home, drifting back to snag a fly ball-every move you make keeps you young and in shape when you play ball with the Parks and Recreation Department's adult slow pitch softball leagues. Leagues include Men's, Women's and CO-ED divisions at every level from the beginning recreational team to the more advanced competitive team. We have what is right for your team. Games are played at the Alva Jo Fischer Softball Complex, 10700 Nacogdoches, Koger Stokes complex, 611 W. Myrtle, and Kennedy Softball Complex, 3101 Roselawn. The cost is \$385 for a 10-game season plus an additional \$11 participation fee per roster player.

Summer registration begins April 14, 2009 Fall registration begins July 14, 2010 Spring 2010 registration begins Jan. 12, 2010

Girls' Fast Pitch Softball Leagues 207-3109 or 207-3127

Girls' Fast Pitch Softball Leagues are offered in the Spring, Summer and Fall seasons. The Girls' Division includes 8 and Under, 10 and Under; 12 and Under; 14 and Under; 16 and Under; and 18 and Under categories. Games are played at various field locations: Alva Jo Fischer Softball Complex, 10700 Nacogdoches; Kennedy Softball Complex 3101 Roselawn; Koger Stokes Softball Complex, 611 Myrtle; Lambert Beach Brackenridge Park, Tony "Skipper" Martinez, 3610 N. St Mary's; and Rusty Lyons, 6300 McCullough.

Summer registration begins April 21, 2009 Fall registration begins July 21, 2009 Spring 2010 registration begins January 23, 2010

The fee for a 10-game season is \$325 per team plus an additional \$5 participation fee per roster player.





Some of the nation's premier slow pitch softball players from across the country will compete here in San Antonio for the title of ASA CO-ED Major National Champions. This event is sponsored by the Amateur Softball Association, the Parks and Recreation Department and the San Antonio Amateur Softball Association. Games will be played at the Kennedy Softball Complex, 3101 Roselawn.

For spectator fees and tournament schedule, call 207-3153.

Tennis Youth/Adult McFarlin Tennis Center 1503 San Pedro Ave. 732-1223

Hours:

Mon.-Tues., 8:30 a.m.-12 noon; 3-9 p.m. Wed.-Thurs., 3-9 p.m. Fri., 8:30 a.m.-5 p.m. Sat., 9 a.m.-1 p.m. Sun., closed

McFarlin offers 22 lighted hard courts with a pro shop, lockers and showers and a variety of services. Courts can be reserved for tennis corporate activities. Year-round programs include tennis lessons, camps, clinics, tournaments and leagues.

Lessons can be arranged by calling for an appointment. For semi-private lessons, the rate is \$25 an hour per person. For private lessons, the rate is \$50 an hour. Tennis leagues for youth, men and women are \$50 a person and are available Monday through Thursday. Rental of court fees before 5 p.m. is \$2.50 a person per hour for adults; \$1 per hour per junior or senior; and \$4 an hour for corporate events. After 5 p.m., the rate is \$3.50 an hour for adults and \$1.50 for juniors and seniors. The corporate rate remains the same.

General court fees before 5 p.m. are \$2.50 an hour for adults; \$1 an hour for juniors and seniors and \$4 for corporate events per person. After 5 p.m. the rate is \$3.50 for adults and \$1.50 for juniors and seniors. The corporate rate remains the same.



April 18–20	Super Champ Major Zone (12-14)
April 24–26	San Antonio Fiesta Tournament
May 22-24	Memorial Day Adults & Juniors
June 13-15	Championship Major Zone (12-18)
July 10-12	Alamo City SC Major Zone (16-18)
July 10-12	Alamo City Adult Open
Aug. 9–16	USTA Boys' 14 NATL Championships
Sept. 11–13	Texas Adult Sectionals
Oct. 3-4	McFarlin ZAT
Oct. 9-11	SATA Doubles Championships



YOUTH SPORTS





Pepsi Pitch Hit & Run

Rusty Lyons Softball Fields 1 & 2

April 18, 2009 11 a.m. 207-3056 Ages: 7–14 Free

Registration is from 9:30-10:30 a.m.

After School All Stars Games Bowling

A.M.F Wonder Lanes

1948 Austin Hwy. June 23 & 24, 2009 9 a.m.–12 noon Free

Pre-registration at your local community center or on site the day of the event Participants are allowed to bowl three games and receive an After School All Stars T-Shirt and medal for the event.

After School All Stars Games Table Tennis

Woodlawn Gym

1103 Cincinnati July 1, 2009 9 a.m.–1 p.m. Ages: 9–14 Free

Pre-registration at your local community center or on site the day of the event Participants compete in a single elimination tournament by age groups and gender.

After School All Stars Games 2–Ball Competition

Pre-registration at your local community center or on site the day of the event

Participants compete for the highest score

by shooting from several designated spots on the floor for face value, within a 30-second time limit.

Copernicus Community Center

5003 Lord Rd. July 13, 2009 9:30 a.m.–11 a.m. Free

Palm Heights Community Center

1201 W. Malone July 14, 2009 9:30 a.m.–11 a.m. Free

Cuellar Community Center

5626 San Fernando July 15, 2009 9:30 a.m.–11 a.m. Free

Father Roman Community Center

11030 Ruidosa July 16, 2009 9:30 a.m.–11 a.m. Free

Afterschool All Stars Games Three Point Shoot-Out

Participants compete by shooting four balls off a rack from three designated spots behind the three point line within 45 seconds. Each ball counts for two points with the last ball (striped ball) on each rack counting for six points. All participants receive an After School All Stars T-Shirt and medal at the conclusion of the event. Pre-registration at your local community center or on site the day of the event.

Tobin Community Center

1900 W. Martin July 20, 2009 9:30 a.m.–11:30 a.m.

Normoyle Community Center

700 Culberson July 21, 2009 9:30 a.m.–11:30 a.m. Free

Garza Community Center

5627 Mira Vista July 22, 2009 9:30 a.m.–11:30 a.m. Free

Ramirez Community Center

1011 Gillette July 23, 2009 9:30 a.m.–11:30 a.m. Free

After School All Stars Games Triples Volleyball (3 vs. 3)

Participants compete in a double elimination tournament of three players of the same gender on the court at all times. After the event participants are awarded After School All StarsT-shirts and medals. Pre-registration at your local community center or on site the day of the event.

San Juan Community Center

2307 Calaveras July 27, 2009 1:30–3 p.m. Free

Melendrez Community Center

5909 W. Commerce July 28, 2009 1:30–3 p.m. Free

Bode Community Center

900 Rigsby July 29, 2009 1:30–3 p.m. Free

Woodard Community Center

1011 Locke Road July 30, 2009 1:30–3 p.m. Free

Hershey Track & Field Event

Harlandale Memorial Stadium

4002 Roosevelt Saturday May 30, 2009 10 a.m. 207-3056 Ages: 9–14 Free

Registration is from 8:45–9:45 a.m.
Youngsters compete in 50M, 100M, 200M, 400M sprints, 4x100M relay, softball throw, and standing long jump for 9-10 year olds.
The older divisions offer the same events with the following differences: 11-12 year olds run an 800M instead of 50M, and the 13-14 year olds run a 1600M instead of a 50M. Participants can enter two track and one field or two field and one track event up to and including the state/provincial final. First place winners advance to the state meet in Austin later in the year.



Showtime Basketball League

Games played at sites TBA 207-3056

April 6–May 20, 2009 Weekdays games begin @ 6 p.m. Ages: 14 and younger

Fee: \$5 per player

Eight teams two from each district compete for the city title. Teams will travel from center to center and compete against each other to determine a champion.

Elks Soccer Shoot Out

Saturday, Aug. 22, 2009 Registration: 9:30-10:30 a.m. Competition: 11 a.m. 207-3056

Show your soccer finesse in this kicking shoot out open to boys and girls ages 6-13. Participants compete by kicking a soccer ball into the goal for points awarded based on level of difficulty. There are four age categories; (U8) 6-7 yr. olds, (U10) 8-9 yr. olds, (U12) 10-11 yr. olds, (U14) 12-13 yr. olds. Participant with the highest total points advances to the ELKS local competition. Boys and girls compete separately with winners in both genders and all ages. The ELKS local competition will be hosted by Melendrez Community Center on Saturday, Sept. 12, 2009 with 9 a.m. registration and the competition beginning at 10 a.m.

Dawson Community Center

2500 E. Commerce

Harlandale Community Center 7227 Briar

Normoyle Community Center 700 Culberson

Melendrez Community Center 5909 W. Commerce



Flag Football

League starts Sept. 1, 2009
Registration starts late
July/throughout August
Games are Tuesdays, Wednesdays,
Thursdays and Saturdays.
Weekday games begin at 5:30 p.m.
Weekend games begin at 10 a.m.
Cost: \$5 youth athletics fee
Locations: 23 year-round community
centers, call for list
207-3056

For ages 6–16. Texas Amateur Athletics Association (TAAF) eight-man flag football. No-contact CO-ED league structured to familiarize participants with football. Participants may register as an individual, group or team. Center staff collect names and create teams and schedules. Participants do not have to be skilled. Have fun and make new friends. All players are eligible receivers so games are high scoring and fun to watch.

Pepsi Punt Pass and Kick

Saturday, September 19, 2009 Registration: 10 a.m. Competition: 11 a.m.

207-3056

Participants punt, pass and kick a football and accumulate points by distance and accuracy. There are four age categories; 8-9 yr. olds, 10-11 yr. olds, 12-13 yr olds and 14-15 yr. olds. Top scorers in each age division and gender will advance to the Sectional competition to be held on Saturday, Oct. 10 at 10 a.m. at Harlandale Community Center. Winners of the Sectional competition will receive medals and will be in the running for the Texas Championships at Reliance Stadium in Houston in November or December.

Dawson Community Center

2500 E. Commerce

Harlandale Community Center 7227 Briar

Normoyle Community Center 700 Culberson

Ward Community Center 435 E. Sunshine

Volleyball (Youth) CO-ED

League play begins Oct. 26, 2009
Registration: late September
through October
Weekday games played 6–8:30 p.m.
Weekend games played 10 a.m.–4 p.m.
Cost: \$5 youth athletics fee
Locations: 23 year-round community
centers, call for listing
207-3056

CO-ED volleyball is geared toward novice players ages 6-16. Six-player teams, CO-ED triples and triple volleyball depending on the number who want to play. Participants may register as a group, team or individual. Rally point games (a point is scored on every serve). Center staff divides participants into leagues as necessary. Players are coached on basics and have fun with old and new friends.

Holiday Basketball Tournament

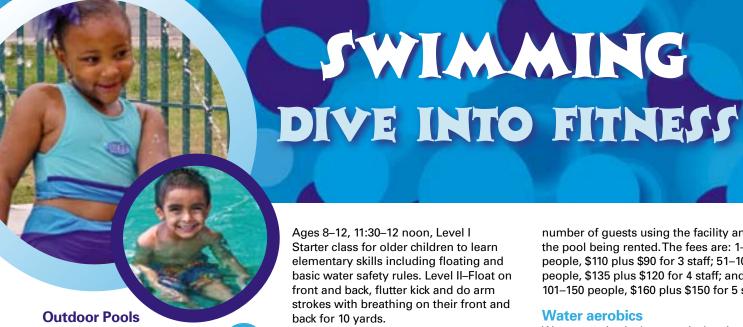
Dec. 7, 8, 9 10 and 12, 2009 Weekday games begin at 6 p.m. Weekend games begin at 10 a.m. Cost: \$25 team registration fee 207-3056

A 12 & U Boys tournament with teams representing one of the 26 Parks and Recreation Community Centers. Contact the nearest center and fill out a roster for your team. Players must present proof of age. This is a single elimination tournament with brackets chosen at random. Awards are given to the first and second place teams. Register by Dec. 4, 2009.

Cuellar Community Center 5626 San Fernando

Normoyle Community Center 700 Culberson





Open June 6-Aug. 9 Hours: 1-7 p.m., Tuesday-Sunday.

Closed Mondays Free general admission **Fees for classes** 207-3113

Pump up your heart and tone muscles as you swim away from stress at one of the 23 outdoor swimming pools open June 6. Swimming lessons, water aerobics and private rentals available.

Swimming lessons

Learning to swim is an important skill for all youngsters-for safety and for health. The Parks and Recreation Department offers morning classes at 12 pools during the 2009 outdoor pool season.

Session dates are June 16-26, July 7-17, and July 21-31. Classes are held Tuesday through Friday for two weeks.

Pools offering lessons include:

Dellview, 500 Basswood, Garza, 5800 Hemphill, Joe Ward, 435 E. Sunshine, Kennedy, 3299 S.W. 38th, Lady Bird Johnson, 10700 Nacogdoches, Kingsborough, 350 Felps, New Territories, 9023 Bowen, San Pedro, 2200 N. Flores, Spring Time, 6571 SpringTime, South Side Lions, 3100 Hiawatha, Westwood, 7601 N.W. Military, and Woodlawn, 1103 Cincinnati.

Choose the right level for your child according to age and ability:

Levels 1-4 are taught for ages 4 to 12.

Ages 4-7, 10:30-11 a.m., Level I No prerequisites. Little or no experience in the water. Level II-At the end of the course, they will be comfortable in the water, be able to float on their front and back, know the basic water safety rules and be introduced to arm strokes.

Ages 8-12, 11:30-12 noon, Level I Starter class for older children to learn elementary skills including floating and basic water safety rules. Level II-Float on front and back, flutter kick and do arm strokes with breathing on their front and back for 10 yards.

SWIMMING

Ages 7-12, 12:30-1 p.m., Level III Able to retrieve objects from the bottom of the pool, swim 25 yards of front and back crawl. Level IV-continue to develop their front and back crawl skills, learn alternative kicks for treading water and swim 50 yards in backstroke and front crawl.

The cost is \$25. Register at the San Antonio Natatorium, 1430 W. Durango, on May 16 from 10 a.m. to 2 p.m. Register at the pool of your choice beginning on June 6.

Some classes are also offered in the evening at five pools. These are Dellview, Lady Bird Johnson, New Territories, and SpringTime. Evening classes include Beginner 1 (4-8 years) from 7 to 7:30 p.m. and Beginner II (8-12 years) from 7:45 to 8:15 p.m. The cost is \$25.

Pool Rentals

What a great way to celebrate a birthday, family reunion or other social events. Rentals are available only before or after normal operating hours when the pools are not open to the public. In addition to rental fees, people renting the pools must pay for lifeguards. The number of

number of guests using the facility and the pool being rented. The fees are: 1-50 people, \$110 plus \$90 for 3 staff; 51-100 people, \$135 plus \$120 for 4 staff; and 101-150 people, \$160 plus \$150 for 5 staff.

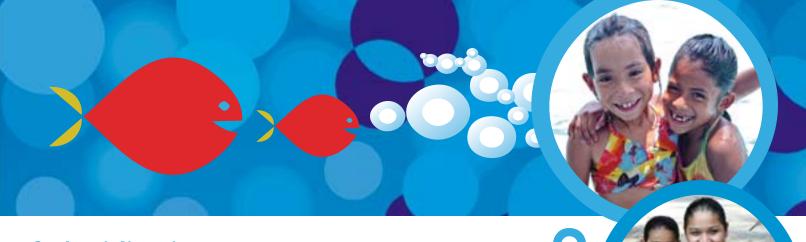
Water aerobics

Water exercise is therapeutic, low impact and is great for your heart, in addition to helping fight the battle against weight gain. Classes are offered Tuesday, Wednesday and Thursday from 7 to 8 p.m. The cost is \$25 for a one-month pass for anyone 15 or older. Call for locations.

Swim Teams

Each summer the Parks and Recreation Department offers a free competitive swim program at all outdoor pools. Each pool has a team for children and adults. Participants practice every day in order to compete against other pools each weekend. The teams are part of the Texas Amateur Athletics Federation (TAAF).





San Antonio Natatorium Hours: Monday–Friday, 8 a.m.–8 p.m. Saturday, 11 a.m.–6 p.m. Closed Sundays 1430 W. Durango 226-8541

An Olympic size facility located just west of downtown San Antonio, the Natatorium offers a place for lap swimming as well as water aerobics and swimming lessons year-round.

The schedule beginning June 6, 2009 is:

Monday–Friday Senior swim from 10 to 11 a.m. (free)

Monday–Saturday Adult lap swim from 11–12 noon (\$2)

Monday–Saturday Open swim from 12 noon–6:45 p.m.

The cost is \$1 for children up to 17 years, adults 18 and up are \$2.

Natatorium summer sessions for swimming lessons will be available June 8–18, June 22–July 2, July 6–16, and July 20–30. Classes run Monday through Thursday for two weeks.

Levels 1-4 are taught for ages 5-12.

Seahorses I for Levels 1–2 (5–7 years) 5–5:30 p.m.

Seahorses II for Levels 1–2 (8–12 years) 5–5:30 p.m.

Stingrays I for Levels 3–4 (5–7 years) 6–6:30 p.m.

Stingrays II for Levels 3–4 (8–12 years) 6–6:30 p.m.

Adult classes for all levels (13 and up) 7–7:45 p.m.

Cost is \$25. Register at the Natatorium. Call 226-851 for more information.

Private Swim Lessons

Private lessons can be arranged individually with the instructors to fit your schedule and needs. They are taught by Red Cross certified swim instructors. Four 30-minute sessions are available for \$25. Register at the Natatorium.



DEPARTMENT OUTDOOR POOLS

	Swimming Pools	
Cassiano	1140 S. Zarzamora & Cassiano Park	434-7482
Concepcion	600 E. Theo & Concepcion Park	532-3473
Cuellar	503 S.W. 36th St. & Cuellar Park	434-8028
Dellview	500 Basswood & Dellview Park	349-0570
Elmendorf	4400 W. Commerce & Elmendorf Park	434-7380
Fairchild	1214 E. Crockett	226-6722
Garza	5800 Hemphill	434-8122
LB Johnson	10700 Nacogdoches Road	599-0122
Kennedy	3299 S.W. 28th St. & Emerson	436-7009
Kingsborough	350 Felps St	924-6761
Lincoln	2803 E. Commerce & Lincoln Park	224-7590
Monterrey	5919 W. Commerce & Monterrey Park	432-2727
San Antonio Natatorium	1430 W. Durango	226-8541
Normoyle	700 Culberson & Normoyle Park	923-2442
New Territories	9023 Bowen Drive	681-2929
Palo Alto Natatorium	1400 Villaret	921-5234
Roosevelt	500 Lonestar Blvd. & Roosevelt	532-6091
San Pedro	2200 N. Flores & San Pedro Park	732-5992
Southcross	819 W. Southcross & Flores Park	927-2001
South Side Lions	3100 Hiawatha & Stringfellow	532-2027
Spring Time	6571 Spring Time	558-0491
Sunset Hills	103 Chesswood	435-4011
Joe Ward	435 E. Sunshine	732-7350
Westwood	7601 W. Military	673-3382
Woodlawn	1100 Cincinnati & Woodlawn Park	732-5789

SKATE PARKS SKATEBOARD INTO FITNESS

You're up, you're on the move, but you're really not into team sports. So try a skateboard. The Parks and Recreation Department offers plenty of opportunities for you to work those muscles and burn calories at its skate parks. They include:

Bellaire Park	733 Ansley Road
Cuellar Park	5626 San Fernando
LB Johnson Park	1700 Nacogdoches Road
Medina Base Road	6303 Medina Base Road
Normoyle Park	700 Culberson
Oscar Perez	8601 Timber Path
San Pedro Springs Park	1305 San Pedro Ave.
South Side Lions	3100 Hiawatha
SpringTime Park	6571 SpringTime



The premier location for skating is LBJ's skate/pool facility, one of the first in the country to combine a swimming pool and skate bowl to provide a multi-use facility. The skate facility features a 7,000 square-foot skate bowl ranging from five to nine feet deep; a 1,800-square foot deck with five-foot quarter pipe ramp; a five-foot bun pyramid and two portable features that are moved into the pool during the off-season.

For more information, call 207-2879 or visit us on the web at: www/sanantonio.gov/parksandrec

DISC GOLF TAKE ALM WITH DISC GOLF

If whizzing along at high speeds on wheels isn't quite what you had in mind, get on board with a hot new trend across the country: disc golf. Trekking across the Parks and Recreation Department's new 18-hole course at McClain Park, 15700 O'Connor Road, is one possibility. Or you can try the eight-hole course at Nani Falcon, 7625 Mystic Park, for a slightly shorter workout. Our newest course is available at Pearsall Park, 4700 Old Pearsall Road.

The McClain course, designed by Shawn Lowe and Wayne Atkinson, consists of 18 holes, total par is 56 and the total length is 5.533 feet.

The courses are unstaffed and available on a first-come, first-serve basis. While park hours are 5 a.m. to 11 p.m., the courses are not lighted and are suitable for use during daylight hours. Admission is free.

Disc golf rules are similar to those used in club golf. It is played like ball golf using a flying disc and trying to toss it into pole baskets. One point is scored each time the disc is thrown and each time a penalty is incurred. The object is to acquire the lowest score. For more information, call 207-3000.



WALKING & HIKING TRAILS



Kick up your heels on the trails

If you're a walker or a jogger and you love nature, too, you may be looking for new and interesting places to burn calories, enjoy the scenery, and relax as you exercise. The Parks and Recreation Department has trails of all kinds from which to choose. Pick one in your area or alternate locations for variety in your workout. The trails vary in degree of difficulty and in uses. Here's a sampling, but you can get a complete listing of trails in Bexar County by checking out the Texas Trail Registry at www.texastrails.org

Here are some of our favorite parks featuring trails:

Cathedral Rock

8400 Grissom Road

A 56-acre park that features 1.88 miles of concrete, pugmill and natural surface trails. Look for signs of early human occupation as you walk through land that was once an ancient seabed, including fire-cracked rocks that indicate it was a prehistoric campsite.

Comanche Lookout Park

15551 Nacogdoches

At 1,034 feet above sea level, this beautiful park rises above rolling hills. Archaeological studies indicate possible occupation of the site as far back as 12,000 years. Try to imagine that as you walk briskly through the Texas grasslands on 2.5 miles of asphalt and natural surface trail.

Crownridge Canyon Natural Area

7222 Luskey Boulevard

Opened in 2004, this 207-acre park offers cement-stabilized American Disabilities Act (ADA) Level accessible trail as well as natural surface trails. The beautiful entry way includes tiled artwork and interpretive signs. The park features protective safeguards for karsts—irregular limestone regions with sinks, underground streams and caverns.

Eisenhower Park

19399 Northwest Military Highway Five miles of trail for hiking, jogging and nature study. See Natural Areas for more information.

Friedrich Wilderness

21395 Milsa

600-acres with 5.5 miles of hiking trails. See Natural Areas for more information.

Leon Creek Greenway

A new 4.2 mile stretch of the Leon Creek Greenway opened this spring from Babcock to Bandera Road with 4.2 miles of multi-use recreational trail of asphalt and concrete with natural surface off-shoot trails. Rated as easy with steeper slopes at O.P. Schnabel and Leon Vista spur, the trail features a fishing pond at the north end, views of Leon Creek, and bluffs at the eastern side of O.P. Schnabel. To access the trail go to the Buddy Calk trailhead at Babcock Road and Spring Rain. Trailheads will also be built at O.P. Schnabel Park (9606 Bandera Road), Leon Vista Park (8561 Rochelle), and at Mainland Drive east of Bandera Road.

McAllister Park

13102 Jones-Maltsberger

A favorite for mountain bikers, McAllister boosts three miles of hard surface trails, but also has soft surface trails and nature trails suited for biking and hiking. The wooded areas with a creek running through them make great surroundings for a healthy jog. You may even share the trails with a few deer.

Medina River Natural Area

15890 Highway 16 South

511 acres with 6 miles of trails with interpretive features representing El Camino Real wagon trail. See Natural areas for more information.

Medina River Greenway

15890 Highway 16 South

The greenway, which opened in January, runs from the Medina River Natural Area to the Old Applewhite Road with 3.1 miles of multi-use recreational trail of cement stabilized base and concrete. The view, with large Cypress Oak, Pecan and Cottonwood trees along the Medina River, is spectacular. The difficulty of the trails is rated from easy to moderate with slopes up to 8.3 percent in three locations. A trailhead at Medina River Natural Area is located at Highway 16, south of Lone Star Pass and just north of the Medina River.

O.P. Schnabel

9600 Bandera Road Two miles of paved and accessible trails that wind beneath the Mountain Cedar, Oak and Elm tree canopies. Get ready for walking, jogging, hiking and mountain biking in a natural setting. The accessible trail system includes four levels of use and signage to explain the accessibility of each section of trail. Level one is paved and the easiest to negotiate with each succeeding level becoming more difficult.

Salado Creek Greenway

Huebner to Blanco Road segment (trailhead in Voelcker Park near 1021 Voelcker Lane). This new greenway features 1.7 miles of multi-use recreational trail with asphalt and concrete surfaces as well as natural surface off-shoot trails. The scenic route runs between bluffs that run along the east and north sides of the creek and also include Bottomland Hardwood trees. The relative ease of the trail works for the entire family. Hikers can access the trail at a temporary trailhead near the Voelcker Homestead in Voelcker Park. A permanent trailhead at Blanco Road is expected to be completed in December of 2009.

Salado Creek Greenway

Loop 410 to Eisenhauer Road (Trailhead in Tobin Park at Loop 410 between Harry Wurzbach and Starcrest) segment.
This segment features 2.8 miles of multi-use recreational trail made from asphalt and concrete and additional off-shoot natural surface trails. Hikers will enjoy the views of Salado Creek and large Pecan and Live Oak trees. The trailheads are at Loop 410 east of Salado Creek and at Ira Lee north of Austin Highway.

Stone Oak Park

20395 Stone Oak Parkway

The trails in this park have been integrated into the surroundings to insure as little impact on the natural beauty, plant and animal life and the Edwards Aquifer Recharge Zone as possible. Hike 1.15 miles on pugmill trail for a breath of fresh air close to nature.

Woodlawn Lake Park

1103 Cincinnati

Ever popular with the walkers who live in the vicinity of this lovely old park, Woodlawn features 1.25 miles of paved trail used for walking and jogging.





APRIL 11 Second Saturday Program,

10 a.m.-12 noon. Neighborhood Birds-explorations in the world of birds with Tom and Patsy Inglet. Learn to use binoculars. Friedrich Wilderness Park, 21395 Milsa Road. Reservations recommended. Donation: \$3 per person or \$5 per family. 564-6400.

APRIL 18 Walk Across Texas and Plant Sale,

9 a.m.-noon. Plant Sale 9 a.m.-2 p.m. Walk on the wild side with Master Naturalists as you discover the Texas Native Trail. (Early admission for members.) San Antonio Botanical Garden, 555 Funston Place. 207-3250. Admission fees vary. www.sabot.org.

MAY 1 Senior Celebration and Ice Cream Social in cooperation with Bexar Area Agency on Aging. 9 a.m.-2 p.m. Lion's Field Adult and Senior Citizens Center, 2809 Broadway. Pre-registration required. Event celebrates seniors with a Texercise walk through Brackenridge Park, live entertainment, sack lunch and ice cream. 826-9041.

MAY 3 SAWS Garden Jazz Party and Plant

Sale. Live jazz music fills the Garden while visitors learn water-saving tips presented by SAWS. Don't forget to stop by the plant sale. Free admission to the Garden 10 a.m.-2 p.m. San Antonio Botanical Garden, 555 Funston Place. 207-3250. Admission fees vary. www.sabot.org.

MAY 9 Kumamoto En Day 10 a.m.-2 p.m. Enjoy Children's Day in Japan at our authentic Japanese Garden! San Antonio Botanical Garden, 555 Funston Place. 207-3250. Admission fees vary. www.sabot.org.

MAY 9 Junk in Your Trunk parking lot sale at Lion's Field Adult and Senior Citizens Center, 2809 Broadway. \$20 fee and pre-registration required for vendors. Limited spaces available. A parking lot sale on the south parking lot open to the public to come shop, browse or sell. 826-9041.

MAY 9 Plant Hike-PEAK training with Cyndy Nemcik, Leave No Trace instructor. 9 a.m.-12 noon. Promotes environmental awareness in children. Friedrich Wilderness Park. 21395 Milsa Road, Reservations recommended. Donation: \$3 per person or \$5 per family. 564-6400.

MAY 16 Time Warner Cable presents Movies in the Park. San Pedro Park, 1315 San Pedro, Fun begins at 6:30 p.m. Movie at sunset. Movie to be determined. Bring your blankets, chairs and picnic baskets. Activities include mascot appearances, moon bounces, face painting and youth ages six and older with special needs. more, 207-3000. Free admission.

JUNE 3-6 Shakespeare in the Park. Enjoy a local production of one of Shakespeare's finest. Gates open at 6:30 p.m. Bring your own seating. No outside food or drink. San Antonio Botanical Garden, 555 Funston Place, 207-3250. **JUNE 6 Parks and Recreation Department** outdoor pools open for the summer season. 1-7 p.m. Tuesday through Sunday. Free admission. Also available fee-based swimming lessons. Pools close Aug. 9. 207-3113.

JUNE 8-12 Little Sprouts Summer Camp. Ages 3-5 years. 10 a.m.-noon. Little ones explore gardening and nature with hands-on investigations and creative play! Fee: \$100/wk (\$75 Botanical Society members) San Antonio Botanical Garden, 555 Funston Place. 207-3250. www.sabot.org.

JUNE 8-12 Animal Botanical. 9 a.m.-11:30 a.m. This multi-themed, five-day camp is for youth ages six and older with special needs. Animal Botanical activities include education on animals and plants living in the garden, crafts, recreation, music and daily snacks. Camp is located in the air-conditioned Auld House at the San Antonio Botanical Garden. Fee: \$125/wk. San Antonio Botanical Garden, 555 Funston Place. 207-3250. www.sabot.org.

JUNE 11 Concert Under The Stars. Live R&B and Jazz bands fill the Garden with music during the summer months. \$5 admission (free for members). Bring your own blankets or lawn chairs. No outside food, concessions available. Gates open at 6 p.m. Music at 7 p.m. San Antonio Botanical Garden, 555 Funston Place. 207-3250. www.sabot.org.

JUNE 13 Second Saturday Program. Meeting Snakes. 10 a.m.-12 noon. Explore snakes of the San Antonio area with members of the South Texas Herpetology Association. Eisenhower Park, 19399 Northwest Military Hwy. Reservations recommended. Donation: \$3 per person or \$5 per family, 564-6400.

JUNE 13 Time Warner Cable presents Movies in the Park. Tony "Skipper" Martinez Softball Field in Brackenridge Park, 3700 N. St. Mary's. See May 16 for more information or call 207-3000.

JUNE 15 Parks and Recreation Department Summer Youth Recreation Program offers organized games, enrichment activities, lunch and snacks for youngsters 6 to 12 (at school sites) and youngsters 6 to 14 (at community centers). 7:30 a.m. to 5:30 p.m. Monday-Friday. Program ends Aug. 7. Call 207-3000 for information on fees or go to www.santonio.gov/ parksandrec.

JUNE 15-19 Animal Botanical 9 a.m.-11:30 a.m. This multi-themed, five day camp is for See June 8-12.

JUNE 15-19 Jr. Naturalists Ages 6-8 years. 9 a.m.-4:30 p.m. Explore nature as you learn outdoor skills including native plant identification, birding, fishing, hiking and ethnobotany. Fee: \$175/wk (\$150 Botanical Society members) San Antonio Botanical Garden, 555 Funston Place. 207-3250. www.sabot.org.

JUNE 16 Grandparents and Kids Day.

10 a.m.-2 p.m. Lion's Field Adult and Senior Citizens Center, 2809 Broadway. Pre-registration required. This free event recognizes the importance of relationships between seniors and grandchildren. Activities include arts and crafts, free lunch, games, face painting and a balloon artist. 826-9041.

JUNE 17 & 18 BRAVO! An Evening of Song and Dance featuring the Parks and Recreation Department's pre-professional dance troupes, the summer performances on Wednesdays and Thursday nights capture the flavor and passion of Old San Antonio and its cultural roots in Mexico and Spain. Experience and enjoy the colorful, traditional costumes and dramatic performance numbers as performed by the Fandango and Alamotion Dance Troupes at the Arneson RiverTheatre in La Villita.

The 2009 dates are June 17, 18, 24 and 25. July 1, 2, 8, 9, 15, 16, 22 and 23. Special guests include Mariachis Campanas de America. General Admission is \$8. Proceeds from ticket sales and concessions benefit both dance troupes. 207-3132.

JUNE 22-26 Jr. Gardeners ages 9-12 years. 9 a.m.-4:30 p.m. San Antonio Botanical Garden, 555 Funston Place. Participants get their hands on horticulture from flowers and vegetables to basic botany and garden design. With the help of garden experts, kids will learn to plant from seed, take cuttings, and design their own garden. Fee: \$175/wk (\$150 Botanical Society members)

JUNE 24 & 25 BRAVO! An Evening of Song and Dance featuring the Parks and Recreation Department's dance troupes at the Arneson RiverTheatre in La Villita. See June 17 & 18.

JUNE 25 Concert Under The Stars. Live R&B and Jazz bands fill the San Antonio Botanical Garden with music during the summer months. \$5 admission (free for members). Bring your own seating. No outside food, concessions available. Gates open at 6 p.m. Music at 7 p.m. 555 Funston Place. 207-3250.

JULY 1 & 2 BRAVO! An Evening of Song and Dance featuring Parks and Recreation Department dance troupes at the Arneson River Theater in La Villita. See June 17 & 18.

JULY 4 July Fourth Celebration and H.E.B. Fireworks at Woodlawn Lake Park

10 a.m.-9 p.m . Woodlawn Lake Park, 1103 Cincinnati. Families are invited to celebrate our freedom with a fun-filled day featuring games, food and musical entertainment and an explosion of fireworks over Woodlawn Lake Park during the City's official July Fourth Celebration. Children of all ages are invited to participate in the colorful Salute to the Red, White and Blue Parade, beginning at 10 a.m. Entertainment continues throughout the day and will be capped off when the fireworks

light up the lake at 9 p.m.
This FREE event is sponsored
by the San Antonio Parks
Foundation, in cooperation
with the San Antonio Parks and
Recreation Department.

JULY 6-10 Jr. Naturalists Ages 9-12 years. 9 a.m.-4:30 p.m. Explore nature as you learn outdoor skills including native plant identification, birding, fishing, hiking and ethnobotany. Fee: \$175/wk (\$150 Botanical Society members). San Antonio Botanical Garden, 555 Funston Place. 207-3250. www.sabot.org.

JULY 8 & 9 BRAVO! An Evening of Song and Dance featuring Parks and Recreation Department dance troupes at the Arneson River Theater in La Villita. See June 17 & 18.

JULY 9 Contemporary Art Month Grand Opening Reception 6 p.m. at Bolivar Hall in La Villita. See page 25.

JULY 9 Concert Under The Stars. Live R&B and Jazz bands fill the Garden with music during the summer months. \$5 admission (free for members). Bring your own seating. No outside food, concessions available. Gates open at 6 p.m. Music at 7 p.m. San Antonio Botanical Garden, 555 Funston Place. 207-3250. Admission fees vary. www.sabot.org.

JULY 11 Our fossil P.A.S.T. Clayton Nye, president of the Paleontological Association of South Texas, will present an introduction to paleontology and local fossils. 10 a.m.–12 noon. Eisenhower Park, 19399 Northwest Military Drive. Reservations recommended. Donation: \$3 per person or \$5 per family. 564-6400.

JULY 13-17 Jr. Gardeners. Ages 6-8 years. 9 a.m.–4:30 p.m. Participants get their hands on horticulture from flowers and vegetables to basic botany and garden design. With the help of garden experts, kids will learn to plant from seed, take cuttings, and design their own garden. Fee: \$175/wk (\$150 Botanical Society members). San Antonio Botanical Garden, 555 Funston Place. 207-3250. www.sabot.org.

JULY 15 & 16 BRAVO! An Evening of Song and Dance featuring Parks and Recreation Department dance troupes At the Arneson River Theater in La Villita. See June 17 & 18.

JULY 17 & 18 Lion's Field Founders Day Celebration. Friday, 11:30 a.m.–7 p.m., Saturday, 10 a.m.–2 p.m. 2809 Broadway. Celebrate the heritage of Lion's Field, a combination art exhibit and social event featuring the artwork of both students and instructors. 826-9041.

JULY 18 Time Warner Cable presents Movies in the Park. O.P Schnabel Park, 9606 Bandera Rd. See May 16 for more information or call 207-3000.

JULY 20-24 Little Sprouts Summer Camp. Ages 3-5 years. 10 a.m.–noon. Little ones explore gardening and nature with hands-on investigations and creative play! Fee: \$100/wk (\$75

Botanical Society members). San Antonio Botanical Garden, 555 Funston Place. 207-3250. www.sabot.org.

JULY 22 & 23 BRAVO! An Evening of Song and Dance featuring Parks and Recreation Department dance troupes at the Arneson River Theater in La Villita. See June 17 & 18.

JULY 23 Concert Under The Stars. Live R&B and Jazz bands fill the Garden with music during the summer months. \$5 admission (free for members). Bring your own seating. No outside food, concessions available. Gates open at 6 p.m. Music at 7 p.m. San Antonio Botanical Garden, 555 Funston Place. 207-3250.

AUG. 1 & 2 Dog Days of Summer. Bring your dog for a walk in the garden! Regular admission (free for members) plus \$5 surcharge per dog. San Antonio Botanical Garden, 555 Funston Place. 207-3250. Admission fees vary. www.sabot.org.

AUG. 8 Second Saturday Program. 10 a.m.–12 noon–What's bugging you? We all love those creeping and crawling bugs. Holly Camero leads our exploration into the world of the six-legged. Eisenhower Park, 19399 N.W. Military Hwy. Reservations recommended. Donation: \$3 per person or \$5 per family. 564-6400.

SEPT. 5 Big Bugs Opening Weekend at the San Antonio Botanical Garden. Dave Roger's impressive insects will be on display beginning Labor Day Weekend. Your family will be all abuzz as they explore the world of insects through art, activities, and up close experiences with live bugs! Exhibit closes Dec. 6. 555 Funston Place. 207-3250. Admission fees vary. www.sabot.org.

SEPT. 12 Second Saturday Program. Tunas, nopales and more. 10 a.m.–12 noon. Join Patty Pasztor, native plant expert, in a fun exploration of natural fibers, foods and other uses of local plants. Eisenhower Park, 19399 N.W. Military Drive. Reservations recommended. Donation: \$3 per person or \$5 per family. 564-6400.

SEPT. 12 Time Warner Cable presents Movies in the Park. Sunken Garden Theater in Brackenridge Park, 3700 N. St. Mary's. See May 16 for more information or call 207-3000.

SEPT. 26 Gardens by Moonlight. This annual event has become one of San Antonio's favorites! The Garden is filled with several popular, high-charged live music performances, delicious treats, and great atmosphere. San Antonio Botanical Garden, 555 Funston Place. 207-3250. www.sabot.org.

OCT. 3 Junk in Your Trunk parking lot sale at Lion's Field Adult and Senior Citizens Center, 2809 Broadway. \$20 fee and pre-registration required for vendors. Limited spaces available. A parking lot sale on the south parking lot open to the public to come shop, browse or sell. 826-9041.

OCT. 10 Second Saturday Program. Welcome to My Web–A lively investigation of spiders with a brief walk to look for them with Dr. Cary Guffey from Our Lady of the Lake University. 7–9 p.m. Eisenhower Park, 19399 N.W. Military Hwy. Reservations recommended. Donation: \$3 per person or \$5 per family. 564-6400.

OCT. 25 BOOtanica and Fall Garden Fair.

10 a.m.–4 p.m. Halloween games, Creepy Crafts, Spooky Storytelling and more! Children can dress in costume for the costume parade and take part in fun fall activities with the Bexar County Master Gardeners. Free with admission to the garden. San Antonio Botanical Garden, 555 Funston Place. 207-3250. Admission fees vary. www.sabot.org.

NOV. 3-9 Dia de los Muertos Celebration.

Lion's Field Adult and Senior Citizens Center, 2809 Broadway. Members of the Lion's Field arts and crafts group create and decorate an altar to commemorate this popular Hispanic tradition. The altar remains on public display in the craft room for one week. Free. Open to the public. 826-9041.

NOV. 14 Second Saturday Program. Native American stories. Lipan Apache storyteller Emma Ortega shares her stories, including the story of what the turkeys saved. 10–11 a.m. Eisenhower Park, 19399 N.W. Military Hwy. Reservations recommended. Donation: \$3 per person or \$5 per family. 564-6400.

NOV. 21 Model Trains Exhibit Opens/ Train Family Day 10 a.m.–2 p.m. All aboard for a fun family day with train games, stories, and art! The model train exhibit runs through Dec. 13. Free with admission to the garden. San Antonio Botanical Garden, 555 Funston Place. 207-3250. Admission fees vary. www.sabot.org.

DEC. 12 Second Saturday Program. Stargazing Party with the San Antonio Astronomical Society. What's to see in the crisp, clear winter skies? 6:30–8:30 p.m. Eisenhower Park, 19399 N.W. Military Hwy. Reservations recommended. Donation: \$3 per person or \$5 per family. 564-6400.

FEB. 13, 2010 Chocolate Day. Indulge your appetite for knowledge about everyone's favorite botanical treat—chocolate! See a real cacao tree, sample chocolate treats, and learn about the botany and history of chocolate. San Antonio Botanical Garden, 555 Funston Place. 207-3250. Admission fees vary. www.sabot.org.



Dance Classes

207-3132 \$30 per session Locations vary

Five sessions offered yearly Schedule and locations available on-line at www.sanantonio.gov/parksandrec

A year-round slate of classes is offered in dance at many locations throughout the city. Among those locations are Berta Almaguer Dance Studio, Hamilton Community Center, South Side Lions Community Center, New Territories Community Center and Our Lady of the Lake University.

BALLET

Introductory through Advanced, ages 4-Adult.

Opportunities abound to acquire the graceful moves, the gentle plies, and the beauty of ballet. In beginning sessions, students participate in strength training, learn ballet positions, terminology and correct body placement. Intermediate students move on to more difficult positions as well as learning about ballet composers, adagio and allegro center floor combinations, and they learn choreography for possible public performances. Advanced classes are designed for students with at least four years experience in ballet and modern dance. The course is taught at a professional pace. Students acquire in-depth knowledge of Petite Allegros and Adagios.

MEXICAN FOLKLORIC Introductory through Advanced, ages 4-Adult.

The twirl of the skirts, the flash of bright colors, the quick and graceful movement of feet and hands carefully choreographed in traditional Mexican Folkloric dance. Imagine learning to move like that! Dancers with minimal experience as well as advanced dancers will find spots just right for them in this wide array of dance classes focusing on

hot dance numbers you can handle in tap, jazz, hip hop and Afro-Brazilian dance. You'll learn all the moves, get aerobic exercise and maybe even show off your stuff in public performances.

Dance Troupes

207-3132

By audition on Aug. 8, 2009

Hone your dance moves by stepping up to a new level of performance with the Parks and Recreation Department's award winning dance troupes. Dancers ages 11 to 19 are invited to audition for either Alamotion or Fandango, Alamotion focuses on tap, ballet, jazz and hip hop dance forms. Fandango explores Mexican folkloric, flamenco and merengue. Both troupes perform at the Arneson River Theater and at various special events throughout the city.

Dancers of all ages are invited to try out for Alamotion Too, the department's new contemporary performance troupe which focuses on apprentice dance training and community performances. Call for audition details and location.

BRAVO! An Evening of Song and Dance

These award winning summer dance performances, featuring the Parks and Recreation Department's pre-professional dance troupes, capture the flavor and passion of Old San Antonio and its cultural roots in Mexico and Spain.

Experience and enjoy the colorful, traditional costumes and dramatic performance numbers as performed by the Fandango and Alamotion Dance Troupes at the picturesque Arneson RiverTheatre in downtown San Antonio's La Villita. Feel the passion of Spanish Flamenco driven to the beat of the classical guitar and clicking of the castanets. Absorb the drama of traditional folkloric numbers, such as the Mexican Hat Dance

and Mexican Polkas danced to the unique rhythms of the accordion. High energy jazz and tap routines round out an evening of moving and memorable entertainment.

All the performances, emceed by local media personality and singer Elizabeth Ruiz, will be Wednesday and Thursday evenings. The 2009 dates are June 17, 18, 24, 25, and July 1, 2, 8, 9, 15, 16, 22, and 23. Special quests include Mariachi Campanas de America.

General Admission is \$8. Proceeds from ticket sales and concessions benefit both dance troupes.

Music Classes

207-3132 \$30 per session Locations vary

Five sessions offered yearly in spring, fall, winter and summer Schedule and locations available on-line at www.sanantonio.gov/parksandrec

A year-round slate of classes is offered in music at many locations throughout the city. These include Sam Ash Music Store, Hamilton Community Center, South Side Lions, Garza Community Center, New Territories Community Center, Lion's Field Adult and Senior Citizens Center and Commander's House.

Calling music lovers, young and old. You've always wanted to learn to play the drums or the guitar. Maybe your dream was the keyboard or the saxophone. Here's your chance to fulfill that dream. Classes are available for all ages. Whether it's the beating of the drum or the strumming of the guitar, you can become a musician. Classes are available in beginning, intermediate and advanced percussion, guitar, keyboard and saxophone for students ages eight to adult.

Take Note-Youth Band

207-3132 By audition each year Ages 13-20

If you have a desire to make a career as a professional musician or singer we want to help get you started! Each year the Department of Parks and



Recreation auditions aspiring female and male vocalist, keyboardist, guitarist, bassist, drummer, percussionist and saxophonist for the City's very own youth band, TAKE NOTE. It all begins by submitting a promotional packet that will include a photo, a demo (showcasing your skills on DVD or CD) and a letter telling us how you could add to and benefit from this exciting program. Once selected after passing a live audition, each musician or singer will be introduced to the concepts needed to perform a variety of styles of music such as pop, rock, jazz and blues, in preparation for upcoming live performances at major venues throughout the city. So if you're interested in being a part of our City's youth band TAKE NOTE we want to meet you! Call 207-3132 or visit www.sanantonio.gov/ parksandrec.

Visual Arts

207-3132 \$30 per session Locations vary

Five sessions offered yearly Schedule and locations available on-line at www.sanantonio.gov/parksandrec

Prepare to cast a wide swath on a broad canvas. Perhaps you're interested in learning to do portraits, oil painting, or maybe even clay. Here's your chance. Classes offer students the opportunity to explore several media, including drawing, watercolor, oils, and clay.

A year-round slate of classes is offered in visual arts at many locations throughout the city. Among those locations are Garrett Community Center, Hamilton Community Center, South Side

Lions Community Center, Lion's Field Adult and Senior Citizens Center and Commander's House.

Christmas Art Contest

207-3133

Youngsters
with a passion for
art have the opportunity to put it to the test by
participating in the Parks and

Recreation Department's Christmas in San Antonio Student Art Contest.

The 34th Annual Christmas Card Contest seeks festive artwork for the cover of the City's official Christmas Card. Official rules and entry forms are available in late August each year at any Parks and Recreation community center, public library, or download the entry forms by visiting www. sanantonio.gov/parksandrec.The deadline for the 2009 contest is Oct. 2, 2009.

Art can be entered in the contest by students, grades 4–12, who are enrolled in schools, public, parochial, and private, or home schooled with a San Antonio metropolitan area mailing address. Several pieces of artwork will be chosen to be displayed at the San Antonio Children's Museum in December. Winning artists will be recognized by the Mayor at the Awards Ceremony.

Contemporary Art Month

207-3132

The theme of Contemporary Art Month in 2009 will be ARTmosphere. The occasion will be celebrated throughout the month of July. The Parks and Recreation Department honors the arts with an exhibit of paintings, sculptures and mixed media art created by students and instructors in the department's art program. The exhibit is mounted at Bolivar Hall, La Villita, 428 Villita Street, for the entire month of July.

A grand opening reception is scheduled for Thursday, July 9, 2009, at 6 p.m. at Bolivar Hall. Art instructors and students will be on hand to mingle with guests. Hours are Monday through Friday from 9 a.m. to 4:30 p.m.

Our Part of Town Talent Show Competition

207-3115

The Our Part of Town
Talent shows are celebrating
29 years as the only talent
competition showcasing local
artists. Auditions and shows
are held in each of the ten
City Council Districts

starting in June 2009. Military active duty personnel are welcome to participate in their own category. Acts range from vocalists, contortionists, bands, and hip hop dance groups to poetry recitations.

Contestants are judged in three age categories: 12 and under; 13-19; and 20 and over. Please call for more information about City Council District auditions as well as open auditions. The Finals Competition will occur in October 2009. Call for audition information and schedules, or, check the website for information and highlights of past competitions.

Sunken Garden Theater

3875 N. St. Mary's Street 207-3050

An historic favorite with San Antonians from all walks of life, Sunken Garden Theater is available for lease for a variety of concerts, dance performances and community events. Originally a rock quarry, the beautiful theater was built within high rock walls by the city in 1930. The San Antonio Civic Opera Company established the site as a premiere performing arts venue. Performances occurred on a temporary stage as early as 1926 and the Sunken Garden as it appears today was completed in 1937 as part of the Texas Centennial celebration.

Since then the theater has been renovated numerous times and has hosted thousands of events ranging from Madame Butterfly to Iron Butterfly. It is equipped with all the modern amenities. 2009 events include the Taste of New Orleans and many concerts from rock to jazz.

For more information on booking the theater, call 207-3050.

Portable Stages

207-3050

The Parks and Recreation Department has mobile stages available for lease. They can be delivered and set up anywhere that has a level surface. Ideal for your next concert, dance performance in the park, fundraiser or community event, the stage can also be ordered with a small sound system. The minimum fee is \$600 but varies. Please call 207-3050 for details.





Since 1929, The Carver Community
Cultural Center has sat in the heart
of the east side just northeast of
the Alamodome. Its rich history is
found everyday in its continued use
as a community gathering space. As
a presenter, the Carver Community
Cultural Center continues to entertain
the community by providing a season of
challenging artistic presentations, a year
of community outreach activities, and
varied educational programs in accordance
with its mission.

Remainder of 2008-2009 Season:

MAY 2009

Fathers & Sons II featuring George and Aaron Prado, Peter and Michael Carey, and Joe and Joe Jr. Posada 8 p.m. Saturday, May 2, 2009 \$16

After a popular engagement here several years ago, father and son duo George and Aaron Prado are back!

They bring with them two accomplished and talented father/son duos in Peter & Michael Carey and Joe & Joe Jr. Posada. We are in for a rare treat from six great jazz artists!

George Prado has been a bassist for more than 40 years. Aaron Prado, pianist, is known as the "voice" of Trinity University's jazz radio station. Peter Carey, guitarist, has worked in bands playing rock, blues, classical, country and bluegrass. Michael Carey, drummer, started playing on boxes when he was five years old. He is a music major at the University of Texas at San Antonio. Joe Posada, saxophonist, is a Tejano great. He's also a vocalist and wellversed lyricist. Joe Posada, Jr., drummer and vocalist, followed in the family footsteps and is an accomplished artist in his own right.

Visions Of A Bible (Savion Glover) 8 p.m. Saturday, May 16, 2009 \$41/\$31

Savion Glover's thrilling new show is called Visions of a Bible. Not the Bible, a bible. Although Lori Ann Hunter's rich gospel voice hymns honor God and Jesus, Glover's dancing also honors the living and departed saints of tap—Saint Steve, Saint Honi, Saint Gregory, and their kin-paying homage not just by evoking them, but by teasing their steps into higher speeds, denser textures, and surprising variations. The musicians' playing gives Glover new puzzles to create and solve; new games to play. Glover's amazing sounds function as another instrument, teasing out new ideas. The greater pleasure lies in the musical interaction of the tapping as supplementary, if dominant, percussion to the quartet of piano, bass, drums and winds. Even his solos are musical.

This tap "bible" is not about gospel but about brilliantly ingenious play in a patterned universe.

JUNE 2009

Rumba Dreams 8 p.m. Saturday, June 13, 2009 \$26

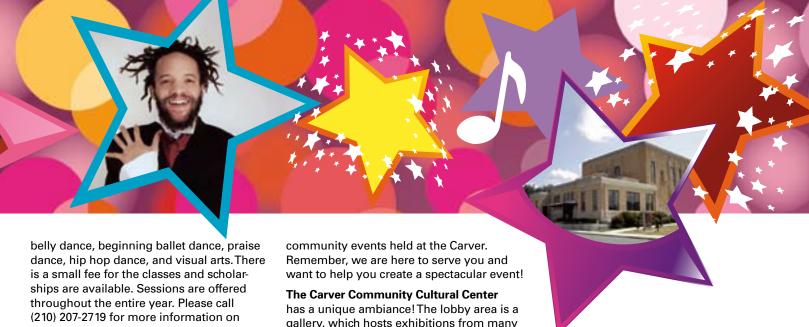
With their colorful, flamboyant costumes and high-energy music, Rumba Dreams will light up the stage as the talented dance troupe takes you on a musical journey through an amalgamation of forms of art of dance. Rumba Dreams represents ones desires to dream—dreaming the impossible and making it a reality.

During the two 40-minute sets of the performance, the cast undergoes 15 costume changes to enhance the era and the style of music being portrayed. A combination of cumbia, salsa, rumba, ballet, jazz and meringue make up the Latin music extravaganza, which is accompanied with "Broadway style" choreography.

Please be on the lookout at www.thecarver. org in September 2009 as we announce our 2009-2010 season of performances.

Carver School for Visual and Performing Arts (CSVPA)

The Carver School for Visual and Performing
Arts is committed to providing affordable
arts education to people of all ages.
Through mentoring and artistic
training, Carver programs instill
a sense of pride, cultural
awareness, and self-worth
the participants. The school
currently offers classes for
and adults in



the schedule.

2nd Annual Summer Dance Intensive with the MorganScott Ballet June 8-18 8:30 a.m.-5:30 p.m. Mon.-Fri. Final Performance-Thursday June 18-7 p.m. **AUDITIONS ARE REQUIRED!** Auditions will be held May 1, 2009 at the Carver. Please call (210) 207-2719 for more information.

Interested in the possibility of dance as a career? Want to improve your current dance skills and abilities? Classical Ballet, Pointe, Jazz, Contemporary, Hip-Hop! Whatever your style Edward Morgan can teach you more! "a glittering display of balletic classicism" New York Times.

Carver Rental Facilities

Are you visualizing your production on a great stage? We have exactly what you are looking for. We invite you to experience the theatrical world at the Carver! Once you have experienced the atmosphere and the LOW rental rates, we guarantee you will want to return. You do not want to miss utilizing these facilities and making your event a memorable and successful one.

The theatre is available for almost any production you dream up. Recitals, talent shows, pageants, body building competitions, graduations, meetings, workshops, and conferences are examples of

gallery, which hosts exhibitions from many types of artists, both local and far-reaching. A foyer, with an historical old-fashioned box office leads to the Jo Long Theatre for the Performing Arts. The theatre seats 650 people. The orchestra level holds 423 seats and a balcony holds 227 seats. Its stage is 38' wide and 33' deep. A judge's pit is available if needed. The Carver's backstage area includes a Green Room (available for meetings), three star dressing rooms and two larger, group dressing rooms, all equipped with shower and toilet facilities. A set shop makes up the rest of this one of a kind theatre.

The Little Carver is located behind the Carver. This facility provides an intimate setting for smaller events such as receptions, parties, meetings, workshops and small theatre productions. The Little Carver has a spectacular hardwood floor! It is 44 ft. by 42 ft. The seating capacity is 150. Frequently described as a black box type theatre, Little Carver has its own sound and light board. The acoustics are sensational! A small box office, two dressing rooms, and an elevator are also included. Risers, at an additional fee, can be added to create a stage at the Little Carver.

Carver Contacts:

General Information: (210) 207-7211 (210) 207-7215 Rental Information: **Box Office:** (210) 207-2234 CSVPA Information: (210) 207-2719

www.thecarver.org





hiking pleasure abound in the Natural
Areas. Crownridge Canyon, Friedrich
Wilderness, Eisenhower, Medina River
and Walker Ranch Historic Landmark
Parks offer opportunities for great physical
exercise as well as for observing wildlife
and learning more about South Texas
native species. Admission is free.

Crownridge Canyon Natural Area

7222 Luskey Blvd.

Hours: 7:30 a.m. to sunset (Closed Christmas and New Year's Day)

Crownridge features approximately 7,000 linear feet of cement-stabilized American Disabilities Act (ADA) Level 1 accessible trails. The 207-acre property purchased in 2001 with Proposition 3 Sales Tax Aquifer Protection Program funds also includes a covered shelter with seating, a rainwater harvesting demonstration area, interpretive signs, way-finding signs, and native landscaping enhancements. The park was designed with protective safeguards for its karst—an irregular limestone region with sinks, underground streams and caverns. To protect the karst and other natural features, visitors are requested to stay on the trails and pets are not allowed in the park.

Friedrich Wilderness Park

21395 Milsa

Hours: 7:30 a.m.-sunset Open seven days a week (closed Christmas and New Year's) 564-6400 (for information on Friedrich, Eisenhower and Crownridge Parks)

Friedrich Wilderness Park offers 5.5 miles of hiking with varying degrees of difficulty. It is home for rare birds, terrestrial orchids, steep hills and deep canyons. It is internationally known for bird watching. Perched on the edge of the Balcones Escarpment, Friedrich is a nesting site for two federally listed endangered species of birds: the Black-capped Vireo and the Golden-cheeked Warbler.

To protect the endangered species, pets are not allowed. Restrooms and water fountains are found at the entrance to the park. Visitors are encouraged to bring water bottles for longer hikes in warm weather. Rules include

no fires, no smoking on trails, and hikers are required to stay on designated trails. Pedestrians only; roller blades, skateboards, scooters, bicycles, etc. are not allowed.

Eisenhower Park

19399 Northwest Military Hwy. Hours: 6 a.m. to sunset

Nearby Eisenhower Park, south of Camp Bullis on Northwest Military Hwy., offers an additional five miles of trails for hiking. iogging and nature study. Special markers, designating examples of Texas Hill Country vegetation, have recently been added along portions of selected trails. A marker guide is available at the trailhead near the public restrooms. This 320-acre park contains excellent examples of Texas Hill Country landscapes, including wooded dry creek beds and rocky canyons. Pets are allowed on leash, but please be prepared to remove any droppings your pet may leave. Barbecue and picnic facilities are available. A large event pavilion is available by reservation. Two smaller pavilions may also be reserved. (Call 207-7275 for facility reservations.) No roller blades, scooters, bicycles, etc. are allowed and hikers are required to stay on designated trails. To help preserve the health and beauty of this sensitive natural area, please do not disturb the plants, rocks or animals.

Medina River Natural Area

15890 Highway 16 South Hours: 7:30 a.m.-sunset Program Reservations: 624-2575 Camping Reservations: 207-7275

This natural area gives citizens access to a beautiful 364-acre property that has been enhanced with 5.6 miles of trails with interpretive features representing the El Camino Real wagon trail. The northside of the park includes a large covered pavilion, restrooms, trailhead, parking and a staff building. The park, which will eventually link greenbelts and trails over a 10-mile area known as City South, also features a group camping area available by reservation. This area includes parking, camping, restrooms, water service and a small covered pavilion for camping activities.

Session I June 15–19, 9 a.m.–12 noon Session II June 22–26, 9 a.m.–12 noon Cost: \$75 (limited partial scholarships available)

Friedrich Wilderness Park 21395 Milsa Road 564-6400

Five-day hands-on ecology day camps presented by Friends of Friedrich Wilderness Park and the Parks and Recreation Department Natural Areas. The camps give children a chance to explore the workings of the natural world. Professionals and volunteers in the natural sciences facilitate multidisciplinary activities that challenge the campers to investigate animals, plants, rocks and more. The emphasis is on direct experience with nature; older campers are challenged to dig deeper into the daily topics. Limited to 25 campers ages seven—12. Pre-registration required.

First Saturday Interpretive Walks

Friedrich, Eisenhower, Crownridge Canyon and Walker Ranch Reservations: 564-6400

These walks are designed to give individuals and families an introduction to the natural and cultural history of San Antonio's natural areas. The hikes are conducted the first Saturday of each month from 9 to 11 a.m. A \$2 donation is recommended.

The 2009 dates and locations are:

April 4 Eisenhower Park

May 2 Friedrich Wilderness Park

June 6 Crownridge Canyon Natural Area

Aug. 1 Eisenhower Park

Sept. 5 Friedrich Wilderness Park

Oct. 3 Crownridge Canyon Natural Area

Nov. 7 Eisenhower Park

Dec. 5 Friedrich Wilderness Park

Second Saturday Programs

Natural Areas

Reservations: 564-6400

Recommended Donation: \$3 per person or \$5 per family

Experience the natural world through a variety of programs on topics ranging from wildflowers to astronomy. Hikes are often part of the package. Some of the upcoming programs include:



April 11, 10 a.m. -12 noon

Neighborhood Birds—explorations in the world of birds with Tom and Patsy Inglet. Learn to use binoculars. Friedrich Wilderness Park.

May 9, 9 a.m.-12 noon

Plant Hike–PEAK training with Cyndy Nemcik, Leave NoTrace instructor. Promotes environmental awareness in children. Friedrich Wilderness Park.

June 13, 10 a.m.-12 noon

Meeting Snakes. Explore snakes of the San Antonio area with members of the South Texas Herpetology Association. Eisenhower Park.

July 11, 10 a.m.-12 noon

Our fossil P.A.S.T. Clayton Nye, president of the Paleontological Association of South Texas, will present an introduction to paleontology and local fossils. Eisenhower Park.

Aug. 8, 10 a.m.-12 noon

What's bugging you? We all love those creeping and crawling bugs. Holly Camero leads our exploration into the world of the six-legged. Eisenhower Park.

Sept. 12, 10 a.m.-12 noon

Tunas, nopales and more. Join Patty Pasztor, native plant expert, in a fun exploration of natural fibers, foods and other uses of local plants. Eisenhower Park.

Oct. 10, 7-9 p.m.

Welcome to My Web–A lively investigation of spiders with a brief walk to look for them with Dr. Cary Guffey from Our Lady of the Lake University. Eisenhower Park.

Nov. 14, 10 a.m.-11 a.m.

Native American stories. Lipan Apache storyteller Emma Ortega shares her stories, including the story of what the turkeys saved. Eisenhower Park.

Dec. 12, 6:30-8:30 p.m.

Stargazing Party with the San Antonio Astronomical Society. What's to see in the crisp, clear winter skies. Eisenhower Park.

Wild Wednesdays

Extraordinary Experiences in Nature at Friedrich Wilderness Park 21395 Milsa 9:30-11:30 a.m. July 8, July 15, July 22, July 29, Aug. 5, Aug. 12, and Aug. 19.

Family oriented activities targeted at children ages 7 to 11 years. \$3 a class with a maximum of \$6 per family per class. Call 564-6400 for more information and reservations.

Voelcker Park

12000 N.W. Military Hwy. www.voelckerpark.com

Positioned in the heart of one of San Antonio's major population centers, Voelcker Park is envisioned as a new central park for the city. With Phase I currently under construction, the goal is to create a park that offers ample and varied recreational opportunities to all of San Antonio's citizens, while simultaneously celebrating the natural beauty of the space and preserving as much of the original landscape and vegetation as possible.

Purchased in 2007 by the City of San Antonio, Voelcker Park encompasses 311 acres of former Voelcker Ranch property located between Blanco Road and N.W. Military Highway. After extensive community participation, the master plan for the park was completed and approved by City Council in May 2008.

With the assistance of a \$1 million dollar grant awarded by the Texas Parks & Wildlife Department in August 2008, the first phase is expected to be completed in 2009.

In an effort to provide public access during park development, the Parks and Recreation Department will offer special events periodically at Voelcker Park. These include:

April 4, 9 a.m. to noon

South Texas Weather with Larry Peabody

May 2, 9 a.m. to noon

Snakes Alive with the SouthTexas Herpetology Association

June 6, 9 a.m. to noon

Dog Tails on Voelcker Trails dog walk event

For more information, check out the web site at at www.voelckerpark.com.

Medina River Natural Area

Second Saturday Program 624-2575

15890 Highway 16 South

The Second Saturday Program at Medina River Natural Area includes a wide variety of educational topics. A donation of \$3 for individuals and \$5 for families is requested. Programs scheduled in 2009 include:

May 9, 9-11 a.m.

Wonderful World of Bats with Kim Hoskins

June 13, 9-11 a.m.

Trekkin Across Texas, Treasure Hunt, Gerardo Mechler

July 11, 9-11 a.m.

Be Safe in the Park with Park Police Officer Brian Getchell

Aug. 8, 9-11 a.m.

Junior Anglers Fishing Clinic, Kenny Fletcher, SARA

Sept. 12, 9-11 a.m.

Cibolo! with Charlee McCall

Oct. 10, 10 a.m.-12 noon Fall Fest

Nov. 14, 6-8 p.m.

Owl Prowl, Richard Heilbrun, TPWD

Dec. 12, 10 a.m.-12 noon

"Teddy Roosevelt, The Conservation President," with Living Historian Tom Jackson, who portrays the president

Medina River Natural Area

15890 Highway 16 South Summer Nature Camp 624-2575

June 8-12, 8-11:30 a.m. \$50 recommended donation

Campers in grades 2–5 will learn about trees, plants, ethno-botany, mammals, geology, birds and insects. Pre-registration is required. Camps are limited to 20 campers. Scholarships available. Call for more information.

Medina River Natural Area

15890 Highway 16 South You Rock! Get Outdoors Camp 624-2575

July 6-10, 8:30 a.m.-11:30 a.m. \$50 recommended donation

Campers in grades 6–8 learn about animal adaptations, riparian vegetation and geological forces of nature. Call 624-2575 for registration and scholarship information.

LITERACY & COMMUNITY INVOLVEMENT

The Community Family Resource and Learning Centers are dedicated to fighting adult illiteracy by offering classes in English as a Second Language, Reading, Writing, Adult Basic Education, G.E.D. Preparation, Primaria y Secundaria (Spanish classes for individuals who did not finish school in their country and will receive a certificate from México) English/ **Spanish Computer Classes, Bilingual** Computer Open Lab, Citizenship Classes, EL/Civics, Spanish ABE, and other classes for people 17 years and older. Services may vary among the eight centers, so call the center in your area for information or visit www.sanantonio.gov/comminit/lsd/ programs.asp

Fr. Albert Benavides

515 Castroville Rd. San Antonio, TX 78237 (210) 435-2352

7:45 a.m. to 9 p.m., Monday–Thursday 8 a.m. to 4:30 p.m., Friday & Saturday

Bob & Jeanne Billa

1033 Ada St. San Antonio, TX 78223 (210) 534-9905

7:45 a.m. to 9 p.m., Monday–Thursday 7:45 a.m. to 4:30 p.m., Friday 8 a.m. to 4 p.m., Saturday

Columbia Heights

1502 Fitch St. San Antonio, TX 78211 (210) 977-8464 or 977-8468

7:45 a.m. to 9 p.m., Monday–Thursday 7:45 a.m. to 4:30 p.m., Friday 7:45 a.m. to 4 p.m., Saturday

Col Víctor J. Ferrari

107 W. Rampart San Antonio, TX 78216 (210) 207-7650

7:45 a.m. to 9 p.m., Monday–Thursday 7:45 a.m. to 4:45 p.m., Friday–Sunday

Margarita R. Huantes

1411 Guadalupe St. San Antonio, TX 78207 (210) 207-0174

7:45 a.m. to 9 p.m., Monday–Thursday 7:45 a.m. to 4:30 p.m., Friday & Saturday

St. Mary's

3141 Culebra Rd. San Antonio, TX 78228 (210) 436-7633

7:45 a.m. to 9 p.m., Monday–Thursday 7:45 a.m. to 4:30 p.m., Friday 8 a.m. to 4:30 p.m., Saturday

St. Philips

101 Meerscheidt St. San Antonio, TX 78203 (210) 486-2853

8 a.m. to 8:30 p.m., Monday–Thursday 7:45 a.m. to 5 p.m., Friday 8 a.m. to 4 p.m., Saturday

Willie C. Velásquez

1302 N. Zarzamora St. San Antonio, TX 78207 (210) 733-9355 or (210) 733-0101

7:45 a.m. to 8:45 p.m., Monday–Thursday 7:45 a.m. to 4:30 p.m., Friday & Saturday

Bob Ross Senior Multi-Service Health and Resource Center

2219 Babcock

7:45 a.m.-4:30 p.m.

The Bob Ross Center combines services of the City of San Antonio and Bexar County to provide a true "one-stop" clearinghouse for senior services and information. This 24,000 square foot facility hosts comprehensive, wrap-around services to seniors 60 and older, focusing on case management, health and wellness, education, exercise, social and cultural activities and volunteer opportunities. With the exception of daily meals, the Center strives to offer all services at no cost to seniors. A 50-cent donation is requested for daily meals, but not required. The Bob Ross Center is currently open Monday through Friday, excluding holidays, from 7:45 a.m. to 4:30 p.m.



City of San Antonio Department of Community Initiatives Community Family Resource and Learning Division Administration Office

2300 W. Commerce San Antonio, Texas 78207 Phone: (210) 207-7227 Fax: (210) 207-4075

After School Challenge

207-4021

Sliding Fee Scale Based on Income, Number of Family Members and Number of Children Enrolled in the Program

More than 12,000 San Antonio students will find enrichment, help with their homework and recreation at After School Challenge sites on 130 campuses during the 2008-2009 school year. The program is available at sites in eight school districts: San Antonio, Harlandale, Edgewood, South San, Southwest, East Central, North East and Northside School Districts. Students will pay a fee that is determined by the Total Household Income, Number of Family Members and Number of Children Enrolled in the program. The sites are open three hours each day, offering tutoring, arts and crafts, recreation and social skills building. Enrichment activities vary per site, and include art, theater, financial literacy and environmental awareness. Snacks are provided at no charge. For more information and to find out if your child's school is offering this program visit the Community Initiatives Department's website at http://www.sanantonio.gov/comminit/asc/ ascprogram.asp



Education Partnership

The San Antonio Education Partnership includes partners from education, business, government, and community organizations challenging, investing in, and providing hope for at-risk youth. With scholarships and support systems, the partnership leverages educational achievement to increase graduation rates, college enrollment, and the development of human capital. As a partnership, it serves as a model of and a catalyst for systemic change, strengthening of families and other basic institutions of our San Antonio community.

The Education Partnership awards scholarships in varying amounts for eight semesters of full-time college attendance at one of the 10 local colleges and universities.



The total scholarship valued up to \$4,000, is awarded to each student who graduates with a grade point average of at least a "B" and 95% attendance (not missing more than nine days in any school year from 9-12 grades). The partnership scholarships are made available through support from partners, grants and fundraising.

Since 1989, the Education Partnership awarded more than \$12 million in scholarships thus contributing college funds to more than 2,800 college graduates. Scholarships will be awarded this year to over 3,000 college students attending the Alamo Community Colleges, Our Lady of the Lake University, St. Mary's University, Trinity University, University of Texas at San Antonio, University of the Incarnate Word, and University of Texas Health Science Center.

Through the promise of a scholarship, the San Antonio Education Partnership makes college possible for students who take personal responsibility for their own future. All participating students must sign a Commitment to Academic Excellence at their attending school.



Participating High Schools

George Brackenridge Luther Burbank Winston Churchill Tom Clark Thomas Edison Louis Fox Harlandale Highlands Oliver Holmes Sam Houston John Jay Thomas Jefferson John Kennedy Sidney Lanier Robert E. Lee Douglas McArthur James Madison John Marshall Dillard McCollum Memorial Theodore Roosevelt Southside Southwest William Taft

For more information, visit www.saedpartnership.org or call 210-229-9900.

Why work for the San Antonio Parks and Recreation Department?



We have all sorts of fun!

Competitive summer pay!

Make a positive impact on your community. Feel good about your job!

Get paid to play with kids, be outside, stay active!

The experience looks good on your resume!



Learn more about all the career opportunities the Parks and Recreation Department offers and find the right one for you.

Apply on-line at www.sanantonio.gov/hr

For information, contact Michelle Gonzales at 210-207-3171 or Michelle.Gonzales@sanantonio.gov

SENIOR SERVICES DIVISION COMPREHENSIVE NUTRITION PROGRAM

If you want to enjoy a daily hot noon meal (Monday – Friday) & have lots of fun, please join us at one of the following centers: (for persons 60 years & older and their spouses, even if they are younger.)

Si ud. quiere pasar un buen tiempo y comer una comida caliente a medio día 5 días (lunes-viernes) por semana en un ambiente familiar, favor de comunicarse con uno de los siguientes sitios: (para personas de 60 años y mayor y para su esposo(a) aún que no tenga 60 años.)

Senior Services Division Comprehensive Nutrition Project 2300 W. Commerce, Suite 203, San Antonio, Texas 78207 • Phone: 207-7172

Bethany United Methodist Church Phone 655-5473 4102 Eisenhauer 78218

Bethel United Methodist Church Phone 433-3599 227 S. Acme Rd. 78237

Blanco Apartments Phone 477-6302 906W. Huisache 78201

Bob Ross Senior Multi-Service Health & Resource Center Phone 207-5300 2219 Babcock 78229

Centro del Barrio (* for the frail elderly only) Phone 927-9546 123 Ascot 78224

Charlie Gonzales Apartments Phone 270-0335 2022 S. Zarzamora St. 78207

Christ the King Catholic Church

2610 Perez St. 78207 Claude W. Black Center

Phone 434-3027

Phone 226-8561 2805 E. Commerce 78203

Comanche Park #2 (Aldersgate) Phone 333-0414 2600 Rigsby 78222

Crestview Baptist Church Phone 655-7451 8101 Eaglecrest Blvd. 78239

Disciples Ministries Center
Phone 822-4345

Phone 822-4345 1744 W. Gramercy Pl. 78201

El Carmen Catholic Church Phone 626-2485 18555 Leal Rd. 78221

Ella Austin Community Center Phone 224-2351 1023 N. Pine 78202

Fair Avenue Apartments Phone 477-6337 1215 Fair Ave. 78223

George Cisneros Apartments Phone 477-6323 3003Weir Ave. 78226

Good Samaritan Center Phone 434-5531 ext. 347 1600 Saltillo 78207 Good Shepherd Lutheran Church Phone 333-0460 1630 Goliad Rd. 78223

Granada Apartments Phone 225-2645 311 S. St. Mary's 78205

Harlandale Senior Center Phone 924-4771 115W. Southcross 78221

Holy Family Catholic Church Phone 433-4265 152 Florencia 78228

Hope of Glory Center Phone 928-1818 339W. Hutchins 78221

Immaculate Heart of Mary Catholic Church Phone 226-8268 617 S. Santa Rosa 78204

Jewett Circle Apartments Phone 477-6357

425 SW 34th St. 78237 Kenwood Community Center Phone 732-0361

305 Dora St. 78212 **Legacy @ O'Connor Apartments** Phone 946-3900

13842 O'Connor 78233 Legacy @ Science Park Apartments Phone 431-7400

5803 Ingram 78228

MacArthur Park Lutheran Church

Phone 824-7135 2903 Nacogdoches 78217

Madonna Apartments Phone 432-2374

7710 Madonna 78216

Matt Garcia Apartments
Phone 477-6381

6114 Pecan Valley Dr. 78223

Meadowood Acres Apartments
Phone 677-0954

12703 Cinco de Mayo 78252

Mission San Jose Catholic Church Phone 923-8681 701 E. Pyron 78214

Mt. Zion Sheltering Arms Phone 225-7111 3238 Martin Luther King Dr. 78220 Nueces Bend Apartments Phone 522-0440 3503 Camino Real Rd. 78238

Newell Retirement Apartments
Phone 824-6001

6918 E. Sunbelt Dr. 78218

O'Keefe Gardenbrook Apartments Phone 674-7847 8734 Gardenbrook 78245

OP Schnabel Apartments Phone 226-8561 919 S. Main Avenue 78204

Our Lady of Angels Catholic Church Phone 923-6270 1212 Stonewall 78211

Our Lady of Guadalupe Catholic Church Phone 223-5738 1321 El Paso 78207

Our Lady of Sorrows Catholic Church Phone 733-1247 3107 N. St. Mary's St. 78212

Oxford Methodist Church Phone 696-0192 9655 Huebner Rd. 78240

Palacio del Sol Apartments Phone 224-0442 400 N. Frio 78207

Parkview Apartments Phone 477-6416 114 Hickman St. 78212

Pecan Hill Apartments
Phone 477-6417
1600W. Lawndale Dr. 78209

Pin Oak Apartments Phone 477-6421 7190 Oaklawn 78229

Presa Senior Center Phone 532-5295 3721 S. Presa St. 78210

Primrose at Mission Hills Phone 534-5380 6630 S. New Braunfels 78223

Primrose at Monticello Park Phone 733-8300 2803 Fredericksburg Rd. 78201

Rolling Oaks Baptist Church Phone 590-4177 6401 Wenzel @Toepperwein 78233 Roseville Apartments Phone 337-6925 4139 E. Houston St. 78220

Sacred Heart Catholic Church Phone 226-3536 2123W. Commerce St. 78207

Salvation Army – Homeless Phone 226-2291 226 Nolan 78202

Salvation Army – Hope Center Phone 352-2000 or 352-2010 515 W. Elmira St. 78212

Salvation Army (Peacock Center) Phone 733-0665 2810W. Ashby 78201

San Juan De Los Lagos Catholic Church Phone 434-6361 or 433-9722 3231 El Paso St. 78207

Shepherd King Lutheran Church Phone 344-5881 303W. Ramsey 78216

Sinkin William R Apartments Phone 477-6628 1518 Amanda 78210

Somerset Senior Center Phone 1-830-429-3442 or 701-3143 19375 "K" St. (P. O. Box 752) Somerset TX 78069

South San Senior Center Phone 924-4691 503 Lovett 78211

St. Alphonsus Catholic Church Phone 432-8311 1200 S. Rosillo 78207

St. Andrew's United Methodist Church

Phone 821-6800 722 Robinhood 78209

St. Anthony Catholic Church Phone 635-8570 16432 Kilowatt, Elmendorf, Texas 78112

St. Anthony de Padua Catholic Church Phone 824-1743 102 Lorenz 78209

St. Bonaventure Catholic Church Phone 923-0899 1918 Palo Alto Rd. 78211

St. Henry's Catholic Church Phone 225-6877 1619 S. Flores 78204 * Temporarily Closed for remodeling Jardin de St. James Apartments Phone 532-9239 420 Nunes 78225

St. Jude's Catholic Church Phone 432-8814

St. Margaret Mary's Catholic Church Phone 532-4777 1314 Fair Ave. 78223

130 S. San Augustine Ave. 78237

St. Mary Magdalen Catholic Church Phone 735-2897 1710 Clower 78201

St. Mark the Evangelist Catholic Church Phone 494-1606 1602Thousand Oaks Drive 78232

St. Matthews Catholic Church
Phone 478-5017

St. Timothy Catholic Church Phone 432-4477

10703Wurzbach 78230

1515 Saltillo 78207

St. Vincent de Paul
Catholic Church
Phone 670-1800

Phone 670-1800 4222 SW Loop 410 78227 Sunshine Plaza Apartments

Phone 477-6462 455 E. Sunshine 78228

University Baptist Church Phone 699-1065 6465 Babcock Rd. 78249

Victoria Plaza Apartments Phone 477-6495 411 Barrera 78210

Villa Alegre Apartments Phone 675-6411 6902 Marbach 78227

Villa O'Keefe Apartments
Phone 333-3461

2106 SWWWhite Rd. 78222 Villa Tranchese Apartments

Phone 477-6325 307 Marshall St. 78212

Virginia Gill Community Center Phone 675-2123 7902 Westshire 78227

Walnut Apartments Phone 349-1076 3822 West Ave. 78213

JAN ANTONIO PUBLIC LIBRARY LET'S GO TO THE LIBRARY



The San Antonio Public Library, which celebrated its 100th anniversary in 2003, includes the Central Library, 22 branch libraries, one public school/library partnership and one mobile unit.

The Central Library, designed by renowned architect Ricardo Legorreta, features a Texana/Genealogy Collection, a Latino Collection, a gallery which showcases a variety of exhibits, an auditorium that accommodates 150, private meeting and study rooms, and collections and special equipment for special-needs patrons. In March 2000, the Central Library was officially designated a national patent and trademark depository.

On the lower level of the Central Library, the Friends of the San Antonio Public Library operate the Book Cellar used bookstore, with proceeds from sales benefiting the Library system. Book Cellar hours are 11 a.m.–3 p.m. Monday–Wednesday and Friday–Sunday, and 11 a.m.–7 p.m. on Thursday. The store offers great bargains on books, CDs, and other items.

After browsing through the Central Library and the Book Cellar, make a stop at the Java Nook coffee shop for a latte, cappuccino, or a cup of tea. Add a cookie or muffin and take a minute to relax. For more information on the Java Nook, visit www.javanook.us.

During the Library's 2003 Centennial celebration, the Central Library became the permanent home of the 20-foot Fiesta Tower designed by world-famous glass artist Dale Chihuly. Funded by a grant from the Russell Hill Rogers Fund for the Arts to the San Antonio Library Foundation, Fiesta Tower is on display in the Central Library Atrium. Also on permanent display in the Central Library is San Antonio Riverwalk: World War II, a mural by photorealist artist Jesse Treviño. The entire entryway to the Central Library is a work by neon artist Stephen Antonakos entitled Blue Room. In 2006, Mexican artist and sculptor Sebastián donated his work Axis Mundi to the Library. Harmonizing with these installations by established artists is the whimsical Seventeen Moovelous Young Artists, a mosaic cow designed by Jefferson High School students for the city's 2003 Cow Parade.

Library cards are free to all Bexar County residents with proof of identity and in-county residence. The San Antonio Public Library system collection contains approximately 2 million items, including books,

videos, CDs, magazines and newspapers, and databases. Computers with Internet access are available at all Library locations, and free computer classes are offered on a regular basis.

At any Library, browsers will find books, magazines, DVDs, CDs and videos in English and Spanish available for check-out. For those engaged in research for school or business, librarians at any location are happy to assist, or Library cardholders can access a wide variety of databases at www. sanantonio.gov/library. One of the most helpful resources is Live Homework Help, a website that offers live real-time help for students by qualified tutors.

To contribute to economic development in the City of San Antonio, the Library offers a number of business resources. The Central Library and six branches (Bazan, Carver, Las Palmas, McCreless and Memorial) located throughout the City's economic empowerment zones, house special Small Business Resource collections. Also available are business-related databases, free to Library cardholders.

HOURS

Central Library

 Monday-Thursday
 9:00 a.m.
 9:00 p.m.

 Friday-Saturday
 9:00 a.m.
 5:00 p.m.

 Sunday
 11:00 a.m.
 5:00 p.m.

Branch Libraries (except Bannwolf Library/Reagan High School)
Bazan, Collins Garden, Cortez, Johnston, Landa, Memorial, San Pedro,
Tobin Library at Oakwell, Westfall

Brook Hollow, Carver, Cody, Forest Hills, Great Northwest, Guerra, Igo, Las Palmas, Maverick, McCreless, Pan American, Semmes, Thousand Oaks

 Monday
 1:00 p.m.
 - 9:00 p.m.

 Tuesday-Thursday
 9:00 a.m.
 - 9:00 p.m.

 Friday-Saturday
 9:00 a.m.
 - 5:00 p.m.

 Sunday
 1:00 p.m.
 - 5:00 p.m.

Bannwolf Public Library at Reagan High School

 School Year Hours
 4:00 p.m.
 9:00 p.m.

 Monday-Thursday
 9:00 a.m.
 5:00 p.m.

 Saturday
 11:00 a.m.
 5:00 p.m.

Summer Hours

 Monday &Thursday
 1:00 p.m. - 9:00 p.m.

 Tuesday & Wednesday
 9:00 a.m. - 9:00 p.m.

 Friday & Saturday
 9:00 a.m. - 5:00 p.m.

 Sunday
 CLOSED

Central Library 600 Soledad, 207-2500

Bannwolf Library/Reagan High School 20730 Huebner Road, 482-2200, Ext. 370

Bazan Branch Library 2200 W. Commerce, 225-1614

Brook Hollow Branch Library 530 Heimer Road, 496-6315

Carver Branch Library 3350 E. Commerce, 225-7801

Cody Branch Library 11441 Vance Jackson, 696-6396

Collins Garden Branch Library 200 N. Park, 225-0331

Cortez Branch Library 2803 Hunter, 922-7372

Forest Hills Branch Library 5245 Ingram Road, 431-2544

Great Northwest Branch Library 9050 Wellwood, 684-5251

Guerra Branch Library 7978 Military Drive West, 673-1492

Igo Branch Library 13330 Kyle Seale Parkway, 561-6113 Johnston Branch Library 6307 Sun Valley, 674-8410

Landa Branch Library 233 Bushnell, 732-8369

Las Palmas Branch Library 515 Castroville Road, 434-6394

Maverick Branch Library 8700 Mystic Park, 680-9346 McCreless Branch Library

1023 Ada, 532-4254

Memorial Branch Library 3222 Culebra, 432-6783

Oakwell Branch Library 4134 Harry Wurzbach, 828-2569

Pan American Branch Library 1122 Pyron Avenue, 924-8164

San Pedro Branch Library 1315 San Pedro Avenue, 733-1454

Semmes Branch Library 15060 Judson Road, 650-9540

Thousand Oaks Branch Library 4618Thousand Oaks, 657-5205

Westfall Branch Library 6111 Rosedale Court, 344-2373

For more information, visit the San Antonio Public Library website at www.sanantonio.gov/library, or call (210) 207-2500.

YOUTH & FAMILY HEALTH



Get Shots Early to Prepare for New Requirements

Metro Health encourages parents to get their children's vaccinations up to date as soon as possible. Due to new immunization requirements, longer than usual lines are expected as the beginning of the 2009-2010 school year gets closer.

The following two changes will affect a large number of students:

Meningococcal Vaccine

New rules require one dose of the vaccine for 7th graders.

Varicella Vaccine

New rules require a second dose of varicella at kindergarten entry and 7th grade.

Other new rules include:

- Tetanus, Diphtheria and Pertussis (Tdap) booster for students in 7th grade who have not had a Td containing booster within the last five years.
- Two doses of Measles Mumps Rubella (MMR), which is the combination vaccine currently recommended for grades K-12.

Make an appointment with your child's private doctor as early in the summer as possible to insure a visit before school starts. Along with timely vaccinations, it's a good idea to get an annual well-child checkup.

Also, don't forget to:

- Take the most recent shot record to the appointment.
- Have valid or current Medicaid or CHIP information, cash or insurance information.
- Bring a letter from the school nurse, if you received one. School districts will be stringent on immunization status for school entry.
- Tell the physician or medical clinic about any medical condition or illness affecting your child.
- Inform the physician or medical clinic of any reaction to medications, food, or any vaccine your child has experienced.

 Ask about the Tdap, meningococcal and HPV vaccines for college-bound students.

Metro Health clinics are open and ready to assist you with immunizations should your child's private doctor not be available. Call 207-8894 to make an appointment as early as possible.

Play it Smart in the Heat

Get out and get active outdoors! It's important to maintain physical activity year round, but remember to take care of your body in the summer heat by drinking plenty of water and taking frequent breaks from the sun in a shady spot. These tips also can help you prevent heat-related illnesses:

- Avoid alcoholic and caffeine drinks while in the heat.
- Pay special attention to those at high risk, i.e. the elderly, children up to 4 years of age, as well as people who are overweight or on medications.
- Do not leave infants, children or pets unattended in a parked car or other hot environments under any circumstances.
- If you're taking medications, ask your doctor if prolonged time in the sun or heat should be avoided.
- Provide plenty of fresh water and shade for outdoor pets.

Also, pay attention to heat alerts. Metro Health will activate a heat watch alert when temperatures reach 100 degrees or the heat index is within the 90-105 degree range for two consecutive days. For more information, check out the City's Heat Plan at www.sanantonio.gov/health.

Be Clean and Cool in the Pool

Swimming is a cool and fun way to beat the heat and get in some physical activity. But it's not so fun if you get a recreational water illness (RWI). RWIs are spread by swallowing, breathing, or having contact with contaminated water in swimming pools, spas, lakes, rivers, or oceans. The results can range from mild diarrhea to severe infections.

Keep yourself and other swimmers safe by practicing the following hygiene rules:

· Don't swim when you have diarrhea. This

is especially important for kids in diapers.

- Don't swallow pool water and avoid getting it in your mouth.
- Practice good hygiene. Take a shower before swimming and wash your hands after using the toilet or changing diapers.
- Take your kids on bathroom breaks or check diapers often. Waiting to hear "I have to go" can be too late.
- Change diapers in a bathroom and not at poolside. Germs can spread to surfaces and objects in and around the pool and spread illness.

(Source and tips: Centers for Disease Control and Prevention)

If you're concerned about the cleanliness of a public or community pool, call Metro Health at 207-8853 or 207-0135.

Avoid Drowning Dangers

Along with cleanliness, you should follow these tips to lower your risks of drowning or harming others:

- Learn how to swim. Parks and Recreation provides swimming classes. Call 226-8541 or 207-3113 for more information.
- Avoid swimming alone. Take along a friend.
- Know your limits. Don't swim out too far or push yourself when tired.
- Avoid horseplay. Fooling around in the water can be dangerous.
- Know how deep the water is when diving.
 Do not dive into shallow water.
- Learn CPR now. It's too late to learn in an emergency.

Smoking is Foul

Did you know that tobacco use is a major risk factor for cancer, heart disease,



stroke and lung disease? Here in Texas, it is also the single greatest preventable cause of premature death and disease.

Think you are protected because you don't smoke? Think again. Secondhand smoke (smoke in the air from others using tobacco) is associated with an increased risk for



lung cancer and coronary heart disease in non-smoking adults. Young children are especially endangered because they do not have fully developed lungs and face increased risks for sudden infant death syndrome (SIDS), asthma, bronchitis, and pneumonia.

Want to Quit? Contact the American Cancer Society Quitline for free and confidential services: 1-877-937-7848 or www.yesquit.com

Project WORTH

Teen Clinic: 299-5035 www.sanantonio.gov/ProjectWORTH

Idle summer months can lead to risk-taking behaviors for some young people, especially if they are often left unsupervised. Talk to your children about your expectations of them. Also, listen to your child's dreams and goals and encourage him or her to pursue them.

If you need help, **Project WORTH** (Working on Real Teen Health) is here to assist you. **Project WORTH** is the City of San Antonio's interdepartmental teen pregnancy prevention program, emphasizing youth development, abstinence, and parent communication. Our goal is to help young people make positive choices, avoid risky behaviors, and postpone sex and pregnancy.

May 6, 2009 is the National Day to Prevent Teen Pregnancy:

Don't forget to take the teen on-line quiz at www.sanantonio.gov/ProjectWORTH during the month of May.

Lead Poisoning Dangers & Prevention Tips

The dangers for your child to be exposed to lead poisoning may lurk inside or outside your home. Be aware of fishing weights, garden hoses, or sidewalk chalk that could have been made with lead. Chipping paint on homes built prior to 1978, children's toys, art materials, costume jewelry, and Mexican candies also could expose your child to lead.

Ingestion or inhalation of lead will be quickly absorbed into a young child's body and could cause permanent neurological damage, including learning difficulties, lower IQ, and behavioral disorders. A child's normal and daily hand-to-mouth activity increases their

risk of exposure. So, if your child is 6 years or younger, have their lead levels checked at least once a year through a simple blood test. Lower their risks by washing your young child's hands with soap and water often, especially before eating.

For more information, call the San Antonio Childhood Lead Poisoning Prevention Program (SACLPPP) at (210) 434-0077 or visit Metro Health's website at www.sanantonio. gov/health.

Changes Coming Soon to WIC

Starting in October, food benefits available through the Women, Infants, and Children (WIC) program will include more fruits and vegetable and other choices. WIC provides food benefits that are redeemable at grocery stores through an electronic card. WIC also provides nutrition education and counseling, breastfeeding promotion and support, and health care referrals at no cost.

If you are pregnant or have a child younger than 5, call Metro Health's WIC clinic at 225-0213 to see if you qualify.

Visit Your Child's Dentist This Summer

Poor oral health can lead to pain, infection, compromised nutritional intake, difficulty sleeping and reduced self-esteem. It is also linked to some chronic health conditions such as diabetes, heart disease and stroke.

If your child has not been to the dentist in the past six months (twice a year is recommended), take advantage of the summer months to schedule an appointment. If you cannot afford a dentist, Metro Health offers affordable services for children 12 months of age and older, pregnant women, and adults in need of urgent dental treatment. See locations on page 38. For more information or to make an appointment, call 924-9035.

Planning a Summer Trip?

If you are planning a trip outside the United States, the Department of Homeland Security has instituted new travel requirements.

All persons traveling by air outside of the U.S. are required to present a passport or other valid travel document to enter or re-enter the U.S.

Beginning June 1, 2009, U.S. citizens entering the U.S. at sea or land ports of entry will need to have a passport, passport card, or other travel document approved by the Department of Homeland Security.

Birth certificates are required when applying for a passport or a passport card. The fee is \$23 per copy. To purchase a birth certificate, use one of the following options:

- · Visit www.vitalchek.com
- Write to:
 Office of Vital Statistics
 719 S. Santa Rosa St, Suite A
 San Antonio, TX 78204.
- Visit Vital Statistics in person. Open Monday–Friday from 7:45 a.m.–5 p.m.
- Visit any of the City's Community Link Service Centers (see list on page 13)

Traveling? Don't Forget Your Vaccinations!

Not only will you need a passport, you also may need a few vaccinations if you plan to travel abroad. Some countries require foreign travelers to have certain vaccinations before they can enter that country, so be sure to call one of Metro Health's Foreign Travel Clinics to find out if you have the proper immunizations.

The two clinics (see locations on page 38) also provide TB skin testing, antimalarial prescriptions and international travel certificates. These services are offered to people traveling abroad or to any adult needing updates on their immunizations.

For more information or to make an appointment, call 207-8872 or 207-8735.

Calling All Artists!

Get ready for the 2010 Metro Health Calendar Art Contest. Your creative work could be featured in the annual calendar, which highlights public health messages such as oral hygiene, annual health check-ups, food safety, healthy pregnancy, immunizations, hurricane/flood preparation, future dreams/goals, exercise & health, tobacco prevention/cessation (stop smoking), and nutrition. Prizes will be awarded during a ceremony. Keep an eye out for contest details at www.sanantonio.gov/health.

HEALTH CLINICS

San Antonio Metropolitan Health District

Clinic Locations & Services Provided

WIC Service locations: (210) 225-0213 Dental Service locations: (210) 924-9035

Immunization Service Locations: (210) 207-8790 All Other Services: (210) 207-8731

Clinic Name	Address	Zip Code	Phone	Services
Downtown				
Immunization Center	345 W. Commerce	78205	207-8894	IMMN, Foreign Travel
STD Clinic	332 W. Commerce	78205	207-8830	STD, HIV
Tuberculosis Clinic	814 McCullough Ave.	78215	207-8826	Call for information
Eastside				
Dorie Miller Center	2802 MLK Dr., #3	78220	333-6432	WIC
Eastside Office	207 N. Rio Grande	78202	299-5035	Healthy Start, PW
Pecan Valley Clinic	802 Pecan Valley Dr.	78220	337-7511	WC
Northside				
Kenwood Clinic	302 Dora St.	78212	731-9968	Dental
Northwest				
Callaghan Clinic	4412 Callaghan Rd.	78228	436-5042	WIC
Fredericksburg Road	3600 Fredericksburg Rd.	78201	738-3486	WC
Valley View Adult Clinic	8523 Blanco (at West Ave.)	78216	207-8735	Foreign Travel
Southside				
South Flores WIC Clinic	6923 S. Flores St.	78221	924-5868	WIC
Southwest Branch	9011 Poteet-Jourdanton Hwy.	78224	924-9035	Dental, WIC
Zarzamora Clinic	4503 S. Zarzamora	78211	921-6500	WIC
Westside				
Buena Vista	2315 Buena Vista	78207	225-4182	WIC
Marbach Clinic	7452 Military Dr. W.	78227	645-4480	WIC
Salinas Public Health Center	630 S. Gen. McMullen	78237	436-0098	Dental
Westend Multiservice Center	1226 NW 18th St.	78207	733-0085	Dental

Services Key

CMGT = Case Management; HIV = Testing and counseling for the virus that causes AIDS; HE = Health Education; IMMN = Immunizations; STD = Sexually Transmitted Disease diagnosis and treatment; WIC = Women, Infants & Children nutrition program; PW = Project WORTH teen pregnancy prevention



Brackenridge Park Golf Course

226-5612 2315 Avenue B

This historic 18-hole golf course, the first inductee into the Texas Golf Hall of Fame, was the original site of the PGA Winter Tour. The course will be the site of the Texas Golf Hall of Fame and Golf Museum, the fourth largest golf museum in the country. Located near the heart of San Antonio in historic Brackenridge Park, this course is the oldest of the six municipal golf courses. It opened for play in 1916 as an 18-hole championship course. The Texas Open Golf Tournament originated on this course in 1922 and was played here until 1959. The golf course was renovated in 2008 and opened for limited tee times in October 2008. The grand re-opening is slated for April 2009. Renovations include greens, tees, fairways and a layout which will include 15 of the original 18 holes previously designed by the renowned golf course designer A.W. Tillinghast. The renovated golf course will measure 6,263 from the championship tees with a par of 71. Tee times can be made on line at www.alamocitygolftrail.com or by calling 226-5612.

Cedar Creek Golf Course

695-5050 8250 Vista Colina

This hidden golf gem is located north of Loop 1604, off of Kyle Seale Parkway on the northwest side of San Antonio. Cedar Creek opened for play on Nov. 18, 1989. It is a unique golf course with its hill country terrain and spectacular view from the clubhouse. Designed by Finger Dye Spann, Inc., Cedar has a course rating of 73.4 from the championship tees.

The four sets of tees will allow beginners to experts the ability to test their talents at this challenging, yet beautiful course. A long straight drive through the Texas Hill Country will keep you coming back for more. Great vistas and elevation changes, waterfalls and meandering creeks will add value to your experience. Don't forget your

short game. Multi-tiered greens will test your accuracy and skill with your irons. The course measures 7,150 yards from the championship tees. Par is 72 and slope is 125. Includes on-site driving range.

Mission del Lago Golf Course

627-2522

1250 Mission Grande

You could say Mission Del Lago is Cedar Creek's alter ego. Unlike its sister course in the hills of the northside, Mission is set near the shores of Mitchell Lake on the flat lands of San Antonio's south side. However, this links-style course is no day at the beach. Its windy, wide open spaces take many tries out of play. But don't relax, more than 120 sand traps and numerous water hazards spread across the course offer consequences for the flaws in your game. And don't forget your short game. You'll need it for Mission's multi-tiered greens. Five sets of tee markers offer a challenge for all skill levels. Driving range is available on site.

Olmos Basin Golf Course

826-4041

7022 N. McCullough

Olmos Basin is one of San Antonio's most popular municipal courses. It is located slightly north of downtown, off Highway 281. It opened in 1963, and was designed by George Hoffman. Olmos Basin boasts a 6,870 yard layout from the championship tees with a slope rating of 71.0. Olmos has been the site of numerous men's and women's amateur championships. Narrow, tree-lined fairways require accuracy with your driver. Occasional water hazards or creeks will come into play. The par 3's are long and demanding. Some of the par 5's are reachable for the long hitters, with two quality shots. The four sets of tees on this course allow all golfers to test their skills at this highly popular course.

Riverside Golf Course

533-8371 203 McDonald Avenue This course, built in 1929 as a nine-hole

course, was expanded in 1961 to a regulation 9 and 11 par 3 holes. A total renovation began in 1971 and the course reopened for play in 1974. The course features an 18-hole layout and 9 par 3 holes, making it a family golf center with a variety of golf holes to meet the needs of all ages. Par is 72 and it is 6,602 yards from the championship tees. The slope is 128.

San Pedro Driving Range & Par 3 Golf Course

349-5113 6102 San Pedro Ave.

The hitting area will accommodate 50 people, with a range of 350 yards and two practice greens available for putting and chipping. This facility also offers golf lessons and many junior golf activities. The range is equipped with lighting for night practice. The 9-hole par 3 course covers a total area of 943 yards, open seven days a week.

Willow Springs Golf Course

226-6721

202 AT&T Center Parkway

Willow Springs has been a true test for many San Antonio golfers over the years. The popular course, site of several Texas Opens and frequent local amateur tournaments, is located in east San Antonio across the street from the AT&T Center. Each hole, with its long, open fairways and elevation changes, will keep you contemplating what club to use on your next shot. Large ponds and the Salado Creek are frequent collectors of misguided golf balls. And you'll barely warm up your swing before you'll have to face the formidable second hole. The 663-yard, winding par 5 and its well-guarded green, the longest hole in San Antonio, will make you realize you took the long way home with a challenging round of golf at Willow Springs.

ANIMAL CARE SERVICE

Caring For Our Furry Friends

Animal Care Services 3-1-1 OR 207-4PET (4738) 4710 State Highway 151

Intakes/Reclaim

M-F: 11 a.m.-7 p.m. Sat: 11 a.m.-5 p.m.

Adoption Center

T-F: 11 a.m.-7 p.m. Sat: 11 a.m.-5 p.m. ACS is closed Sundays

www.sanantonio.gov/animalcare



New Facility

Animal Care Services has moved to a new, more spacious shelter! The 38,000 square foot, campus style facility on the city's southwest side features increased kennel space, a larger adoption area for both dogs and cats, an on-site medical clinic, get acquainted areas as well as a more customer friendly setting. The new shelter is located at 4710 S. Highway 151 near Old Highway 90 West close to Nelson Wolff Municipal Stadium. Come by for a visit... you just may leave with a new furry friend!

Donation Fund and Wish List

ACS is always in need of supplies such as pet beds and toys to help us care for the shelter's dogs and cats. Check out our Wish List of needed supplies by logging on to our website at www.saacs.net. You can also make an immediate difference in the lives of countless animals by giving to the Animal Donation Fund. All donations to the fund benefit the animals and you can specify how you would like your money to be spent. Send checks payable to: Animal Donation Fund c/o Animal Care Services, 4710 State Highway 151, San Antonio, Texas 78227.

Opt to Adopt a new pet!

Adopt a lifelong companion today! The Animal Care Services shelter has a variety of dogs and cats, puppies and kittens...all in need of good homes! ACS has a staff of trained adoption counselors who can help you pick the perfect pet for your family. The adoption fee includes your new pet's

initial vaccinations, city license, a microchip I.D. and sterilization surgery. Remember! Adopting from Animal Care Services saves two lives...the pet you take home and the next pet who gets to take their place in the Adoption Center!

Adoption-Special Events

Thousands of animals enter the shelter throughout the year that qualify for the adoption program. Animal Care Services will host a series of pet adoption special events in an effort to increase the number of animals that find a "forever" home. Check out a list of upcoming events on our website at www.saacs.net or www.sanantonio.gov/animalcare.

Foster Program

Animal Care won't adopt out puppies and kittens before they're at least eight weeks of age so that means the shelter is in desperate need of foster families. Foster parents provide temporary loving homes to the baby animals until they hit that two-month mark. Too many animals and too few foster homes often mean litters of puppies and kittens are euthanized. ACS is committed to maintaining a No-Kill community, and fostering is a perfect way for the community to show support for that goal. In fact, ACS values our fosters so much that they provide the "part-time pet parents" with medical care, kitten or puppy food, supplements and all their vaccinations. Interested in finding out more? Call ACS at 207-4PET (4738).

Volunteer Program

Seeking: Animal lovers who can volunteer their time to bathe, groom, walk and socialize with our furry companions; also clean and sanitize their housing area. You can even assist at off-site events helping us ensure we save even more lives! Contact us at 207-4PET(4738) and sign up today for a rewarding way to spend your off time! Volunteer orientation sessions are held regularly throughout the year.

Houston Street Fair and Market

This monthly event offers locals and visitors a place to come together and have fun. Enjoy live music, arts and crafts, tasty food and a pet adoption area. The event normally takes place the last Saturday of every month (excluding April). Time: Noon to 6 p.m. Location: Each month, the fair will rotate from East to West Houston Street between Alamo and Santa Rosa. When coming to adopt on-site or at an event-please be prepared. There will be an adoption fee and you will need to have a collar and a leash for a dog; or a carrier for a cat. Check out their website http://www.sanantonio.gov/houstonstreetfair/ for more info.

Want to Spay/Neuter your pet?

Be a part of the fix! Spaying or neutering our pets is the only 100 percent effective way we can control the population of unwanted pets and ensure a decrease in the number of unwanted litters. Sterilizing your pet doesn't have to be expensive! Talk with your vet about payment arrangements or call one of the local low cost Spay/Neuter clinics in San Antonio. Animal Care Services hosts low cost spay/neuter clinics weekly. Make an appointment for your pet by calling ACS at 207-6652 today! S.N.A.P., the Spay Neuter Assistance Program, can be reached at 673-7722 and you can contact SpaySA at 351-7729. All fees are income based and low cost. In some cases, your pet's spay/neuter surgery may be free!

DOG PARKS

Dog parks catching on!

An abundance of fire hydrants, water fountains just off the ground, and the freedom to run off-leash—it's a dog's dream that has become a reality at two City parks: Pearsall Park, 4700 Old Pearsall Road, and McAllister Park, 13102 Jones Maltsberger.

Pearsall Park Dog Park

This park features a one and one-half acre fenced in area that offers a great place for dogs to run off-leash. Bright greens, reds and yellows make the fenced-in area stand-out with picnic tables and trash cans as well as agility equipment. Even the fence and the park toilet enclosures sport a "dog paw" design.

McAllister Park Dog Park

This haven for canines is located near the Starcrest entrance to McAllister Park and features a 1.5 acre fenced area with a covered picnic table, benches, exercise equipment and a walking trail. The hours at both parks are 5 a.m. to 11 p.m. The park curfew is in effect after 11 p.m. Dog owners are limited to two dogs per adult and dogs must have current vaccinations. All owners are encouraged to pick up and dispose of their animals' waste. Let's keep the dog parks in great shape for both our four-legged companions and our other visitors.





Tired of unsightly graffiti in **YOUR** neighborhood?

Pick up a Community Graffiti Volunteer Kit at your local City Council Field Office or you can download an application at www.sanantonio.gov/graffiti. Each kit comes in a 5 gallon bucket complete with recycled paint, paint tray, roller, brush, safety vest, goggles and Safewipes to remove graffiti from traffic signs.

Contact (210) 207-5430 for more information.



ATTRACTIONS



Houston Street Fair & Market



is a free one-day event that offers San Antonians and their families a place to come together and have fun. The event takes place on the last Saturday of each month, from noon to 6 p.m. with activities for children and adults.

Each month the Houston Street Fair has a different theme with special activities and guests. The vision for the Houston Street Fair

& Market is to give residents and visitors alike a reason to come downtown, as well as provide an outlet for San Antonians to promote their products and businesses. The fair features handmade arts, crafts and goods by local artisans, along with delicious food and drinks. Live, local entertainers will perform throughout the day.

Don't forget to visit the City of San Antonio's Pets in the Park pet adoption area and add a new member to your family.

Park free on event day beginning at noon until 6 p.m. in the City's St. Mary's Street Parking Garage, 400 N. St. Mary's at Travis Street.

La Villita

Alamo & Nueva Streets 207-8610

Open seven days a week 10 a.m.–6 p.m. www.lavillita.com

Located on the south bank of the San Antonio River, La Villita was San Antonio's first neighborhood. It was originally a settlement of primitive huts for the Spanish soldiers stationed at the Mission San Antonio Valero (the Alamo). Today it is a shoppers' delight with its artisan and craft shops. Many of the artisans work in their shops, demonstrating their crafts. You'll find a starving artists' gallery, pottery, stained glass, candles and hand-woven items and much more. Special celebrations occur throughout the year with more than 300 events, large and small, public and private.

Market Square

514 to 612 W. Commerce 207-8600

Shops open seven days a week 10 a.m. to 6 p.m.
Summer hours (June–August) 10 a.m.–8 p.m.
www.marketsquaresa.com

El Mercado or Market Square is often called the largest Mexican marketplace outside of Mexico with more than 100 shops. Tourists and San Antonians alike bargain-hunt among crafts such as leather goods, paper mache, blankets, apparel, pottery, jewelry and curios. Across the way is the Farmers Market Plaza, which combines the ethnic influences of Texas and Mexico. The plazas, which host some 15 cultural celebrations each year, include eight upscale shops and two restaurants, the famed MiTierra Café and La Margarita Restaurant. In addition, Market Square offers a myriad of special events that are free and open to the public.



Spanish Governor's Palace

105 Plaza de Armas 224-0601

Monday–Saturday, 9 a.m.–5 p.m. Sunday, 10 a.m.–5 p.m. Admission: Adults, \$2 Senior/Military, \$1.50 Children, ages 7–13, \$1 And children under seven, free

Originally built in 1722 and now maintained as a museum, the Spanish Governor's Palace was part of the Presidio San Antonio de Bejar and served as the residence of the Captain. In 1722 when San Antonio became the capital of Spanish Texas, the captain was designated to serve as interim governor. A National Registered Historic Landmark, it is considered the sole remaining example of an aristocratic early Spanish house in Texas. Thirty-two consecutive governors presided at the Spanish Governor's Palace, beginning in 1722 and ending in 1821, totaling 99 years of Spanish rule.

San Antonio Botanical Garden

555 Funston Place 207-3250

www.sabot.org 9 a.m.–5 p.m. Year round, closed Christmas and New Year's Day Adults, \$7 Children, ages 3–13, \$4 Military and students, \$5



Founded in 1980 and operated under the auspices of the Parks and Recreation Department and the San Antonio Botanical Society, the Botanical Garden is a 33-acre oasis of greenery and plant life in the center of the city. Wander through the Texas Native Trail, the Water Saver Garden and Water Saver Homescapes, the Old Fashioned Garden, the Conservatory and the Rose Garden or take a more organized approach by enrolling in workshops and classes or joining an Audubon Society Bird tour.

San Antonio Botanical Garden Calendar of Events

Ongoing Events

Children's Vegetable Garden

Aug. 22–December 12 Saturdays, 9 a.m.–11 a.m. Ages 8–13 Contact David Rodriguez (210) 467-6575 dhrodriguez@ag.tamu.edu

Fourth Friday Plant Walks

9 a.m. at the Carriage House. Free with garden admission.

Monthly Watersaver Walks

1st Fridays and 3rd Saturdays at 10 a.m. Free with garden admission. Learn how to save water and still have a great looking garden by touring SAWS Watersaver Garden.

New Volunteer Orientation

First Friday of every month (except Jan. and July)
Meet at 9 a.m. in the Education Building and learn about volunteer opportunities in the Garden, no admission fee required to attend orientations.

Little Sprout Mondays

10 a.m.–noon, Ages 3–4 years. Advance registration not required. \$3 plus admission.

Beginner Bird walks

The 3rd Saturday of the month at 9 a.m. Free with garden admission.



San Antonio Botanical Garden

2009 EVENT DATES

APRIL 18 Walk Across Texas and Plant Sale, 9 a.m.—noon. Plant Sale 9 a.m.—2 p.m. Walk on the wild side with Master Naturalists as you discover the Texas Native Trail (Early admission for members).

MAY 3 SAWS Garden Jazz Party and Plant Sale—Live jazz music fills the Garden while visitors learn water-saving tips presented by SAWS. Don't forget to stop by the Plant sale. Free admission to the Garden 10 a.m.–2 p.m.

MAY 9 Kumamoto En Day 10 a.m.–2 p.m. Enjoy Children's Day in Japan at our authentic Japanese Garden!

JUNE 3-6 Shakespeare in the Park–Enjoy a local production of one of Shakespeare's finest. Gates open at 6:30 p.m. Bring your own seating. No outside food or drink.

JUNE 8–12 Little Sprouts Summer Camp. Ages 3-5 years. 10 a.m.–noon. Little ones explore gardening and nature with hands-on investigations and creative play! Fee: \$100/wk (\$75 Botanical Society members).

JUNE 8–12 Animal Botanical. 9 a.m.–11:30 a.m. This multi-themed, five-day camp is for youth ages six and older with special needs. Animal Botanical activities include education on animals and plants living in the garden, crafts, recreation, music and daily snacks. Camp is located in the air-conditioned Auld House at the San Antonio Botanical Garden. Fee: \$125/wk.

JUNE 11 Concert Under The Stars—Live R&B and Jazz bands fill the Garden with music during the summer months. \$5 admission (free for members). Bring your own blankets or lawn chairs. No outside food, concessions available. Gates open at 6 p.m. Music at 7 p.m.

JUNE 15–19 Animal Botanical 9 a.m.–11:30 a.m. This multi-themed, five day camp is for youth ages six and older with special needs. Animal Botanical activities include education on animals and plants living in the garden, crafts, recreation, music and daily snacks. Camp is located in the air-conditioned Auld House at the San Antonio Botanical Garden. Fee: \$125/wk.

JUNE 15–19 Jr. Naturalists Ages 6–8 years. 9 a.m.–4:30 p.m. Explore nature as you learn outdoor skills including native plant identification, birding, fishing, hiking and ethnobotany. Fee: \$175/wk (\$150 Botanical Society members).

JUNE 22-26 Jr. Gardeners ages 6–8 years. 9 a.m.–4:30 p.m. Participants get their hands on horticulture from flowers and vegetables to basic botany and garden design. With the help of garden experts, kids will learn to plant from seed, take cuttings, and design their own garden. Fee: \$175/wk (\$150 Botanical Society members).

JUNE 25 Concert Under The Stars—Live R&B and Jazz bands fill the Garden with music during the summer months. \$5 admission (free for members). Bring your own seating. No outside food, concessions available. Gates open at 6 p.m. Music at 7 p.m.

JULY 6–10 Jr. Naturalists Ages 9–12 years. 9 a.m.–4:30 p.m. Explore nature as you learn outdoor skills including native plant identification, birding, fishing, hiking and ethnobotany. Fee: \$175/wk (\$150 Botanical Society members).

JULY 9 Concert Under The Stars—Live R&B and Jazz bands fill the Garden with music during the summer months. \$5 admission (free for members). Bring your own seating. No outside food, concessions available. Gates open at 6 p.m. Music at 7 p.m.

JULY 13–17 Jr. Gardeners. Ages 9–12 years. 9 a.m. 4:30 p.m. Participants get their hands on horticulture from flowers and vegetables to basic botany and garden design. With the help of garden experts, kids will learn to plant from seed, take cuttings, and design their own garden. Fee: \$175/wk (\$150 Botanical Society members).

JULY 20–24 Little Sprouts Summer Camp. Ages 3-5 years. 10 a.m.–noon. Little ones explore gardening and nature with hands-on investigations and creative play! Fee: \$100/wk (\$75 Botanical Society members).

JULY 23 Concert Under The Stars—Live R&B and Jazz bands fill the Garden with music during the summer months. \$5 admission (free for members). Bring your own seating. No outside food, concessions available. Gates open at 6 p.m. Music at 7 p.m.

AUG. 1–2 Dog Days of Summer. Bring your dog for a walk in the garden! Regular admission (free for members) plus \$5 surcharge per dog.

SEPT. 5 Big Bugs Opening Weekend Dave Roger's impressive insects will be on

display beginning Labor
Day Weekend. Your family will be all abuzz
as they explore the world of insects through
art, activities, and up close experiences with
live bugs! His amazing and enormous works
of art may even inspire you to create your
own beautiful, buggy pieces at some of our
weekend events. Exhibit closes Dec. 6.

SEPT. 26 Gardens by Moonlight—This annual event has become one of San Antonio's favorites! The Garden is filled with several popular, high-charged live music performances, delicious treats, and great atmosphere.

OCT. 25 BOOtanica and Fall Garden Fair. 10 a.m.–4 p.m. Halloween Games, Creepy Crafts, Spooky Storytelling and more! Children can dress in costume for the costume parade and take part in fun fall activities with the Bexar County Master Gardeners. Free with admission to the Garden.

NOV. 21 Model Trains Exhibit Opens/Train Family Day 10 a.m.–2 p.m. All aboard for a fun family day with train games, stories, and art! The model train exhibit runs through Dec. 13. Free with admission to the garden.

FEB. 13, 2010 Chocolate Day. Indulge your appetite for knowledge about everyone's favorite botanical treat—chocolate! See a real cacao tree, sample chocolate treats, and learn about the botany and history of chocolate.



